

5.1.3 Capacity building and skills enhancement initiatives taken by the institution include the following 1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills

### Soft skills

Sri Jagadguru Renukacharya Education Society Regd. 1945

**SJR COLLEGE FOR WOMEN**  
#1/D,59th 'C' Cross, 4th 'M' Block, Rajajinagar, Bangalore-10  
ACCREDITED WITH 'B++' GRADE BY NAAC

An IQAC Initiative  
Department of Kannada  
In Collaboration With  
N Light Academy, Bengaluru

**ONE DAY WORKSHOP  
ON  
"HOW TO CRACK COMPETITIVE EXAMINATIONS"**

**Resource Persons**

Session 1	Session 2
<b>Miss. Shruthi S Hiremath</b> Topic: Introduction to UPSC & other Competitive exam N Light Academy Timings: 11:00 to 12:30	<b>Sri. Srinivas Reddy</b> Topic: How to succeed in UPSC Examination N Light Academy Timings: 1:00 to 3:00

Presided By  
**Dr. Prema Siddaraju**  
Principal, SJRCW

Time: 10:30 AM  
Lunch Time: 12:30 to 1:00 PM  
Date: 18th July, 2023  
Venue: Smt.Lalithamma and Sri.Channabasappa Auditorium  
All are Cordially Invited  
Management, Principal, Staffs and Students

Sri Jagadguru Renukacharya Education Society Estd. 1945

**SJR COLLEGE FOR WOMEN**  
RAJAJINAGAR, BENGALURU  
Accredited with 'B++' Grade by NAAC

PG - Department ( SJRCW) Organizes  
3Days workshop on

"FINANCIAL MODELS FOR BUSINESS"

Resource Person  
**Lokesh.T**

Date : 15th,17 th and 23 rd July 2024

**Venue**  
**Lab 1**

Dr.Suman.PM  
PG Co-ordinator, SJRC

Dr. Prema Siddaraju  
Principal,SJRCW

All are cordially invited  
Staff and Students

Group Name	Interviewer	Students Name	Students Email	Students Mobile Number	Start Date Time	End Date Time
group_5995	Varshitha L	Umme Hani	mu.umme.hani@gmail.com	7204394391	12-04-2024 13:43	N/A
group_5995	Varshitha L	Vaishnavi K	vaishnavigowda451@gmail.com	8296471034	12-04-2024 13:43	N/A
group_5995	Varshitha L	Swathi.R	swathiramesh0514@gmail.com	8310734930	12-04-2024 13:43	N/A
group_5995	Varshitha L	Varsha V	varsha111000@gmail.com	9481735893	12-04-2024 13:43	N/A
group_5995	Varshitha L	JEEVITHA S K	skjeevitha5@gmail.com	9880599503	12-04-2024 13:43	N/A
group_5995	Varshitha L	SANJANA.G	sanjanasanju72003@gmail.com	8105749266	12-04-2024 13:43	N/A
group_5995	Varshitha L	Varsha. R	varsharyashwanth@gmail.com	9019802197	12-04-2024 13:43	N/A
group_5995	Varshitha L	Umamaheshwari.B	umamaheshwarib2003@gmail.com	6363375587	12-04-2024 13:43	N/A
group_5995	Varshitha L	Janani.B.S	jananibs2307@gmail.com	8861030889	12-04-2024 13:43	N/A
group_5995	Varshitha L	Jyothi.N	nemarammohini1111@gmail.com	8618348313	12-04-2024 13:43	N/A
group_6002	Jennifer lobo	K.K.Vijayashree	vijayashree20003@gmail.com	9164399566	12-04-2024 13:43	N/A
group_6002	Jennifer lobo	Pooja. M	poojamohanraj3@gmail.com	8073833870	12-04-2024 13:43	N/A
group_6002	Jennifer lobo	Nikitha L	nikithalingaraju03@gmail.com	7349391619	12-04-2024 13:43	N/A
group_6002	Jennifer lobo	Hema.P	phema6228@gmail.com	9916879831	12-04-2024 13:43	N/A
group_6002	Jennifer lobo	Nagashree cv	cvnagashree20@gmail.com	7019949889	12-04-2024 13:43	N/A
group_6002	Jennifer lobo	Mitha.P.Dhondale	mithadhondale03@gmail.com	9343990163	12-04-2024 13:43	N/A
group_6002	Jennifer lobo	Sirisha.v	vsirisha718@gmail.com	8123004515	12-04-2024 13:43	N/A
group_6002	Jennifer lobo	Harshitha.G	harshu035s@gmail.com	7483642680	12-04-2024 13:43	N/A
group_6002	Jennifer lobo	Sngha k	snehaaskumar003@gmail.com	8867159002	12-04-2024 13:43	N/A
group_6002	Jennifer lobo	Shivaranjini.MJ	shivaranjinimj001@gmail.com	9353239293	12-04-2024 13:43	N/A
group_6003	Varshitha L	Nikitha m	nikitham005@gmail.com	8904907343	12-04-2024 13:43	N/A
group_6003	Varshitha L	Tejaswini VK	tejaswinivk02@gmail.com	9845507577	12-04-2024 13:43	N/A
group_6003	Varshitha L	Akshatha.M	acharakshu11@gmail.com	7483835253	12-04-2024 13:43	N/A
group_6003	Varshitha L	Varshini chandrushekar	varshini2002@gmail.com	9480537081	12-04-2024 13:43	N/A
group_6003	Varshitha L	YUKTHI G	yukthigowda29@gmail.com	7348834806	12-04-2024 13:43	N/A
group_6001	Varshitha L	Hema.k	hemakantharaju970@gmail.com	9353244248	12-04-2024 13:43	N/A
group_6001	Varshitha L	Supriya.BL	supriyalakshminarayana001@gmail.com	7975077063	12-04-2024 13:43	N/A
group_6001	Varshitha L	D.Hari Dharshini	haripriya81210@gmail.com	9632507691	12-04-2024 13:43	N/A
group_6001	Varshitha L	Sanjana.p	sanjanasanjanap3@gmail.com	8088246065	12-04-2024 13:43	N/A
group_6001	Varshitha L	Kusuma C G	kusumagowda2600@gmail.com	8073452041	12-04-2024 13:43	N/A

group_6000	Jennifer lobo	Priyanka. S	priyankapriyap12@gmail.com	8971083653	12-04-2024 13:43	N/A
group_6000	Jennifer lobo	Kavya shree.p	phoneixkavi@gmail.com	9148495666	12-04-2024 13:43	N/A
group_5999	Varshitha L	Vaishnavi	vaishukj194@gmail.com	9900974577	12-04-2024 13:43	N/A
group_5999	Varshitha L	Meena S	srinivasameena79@gmail.com	9353221130	12-04-2024 13:43	N/A
group_5999	Varshitha L	Divya.K	divyadivya23@gmail.com	8431739513	12-04-2024 13:43	N/A
group_5999	Varshitha L	Rakshitha e	rakshitharaju639@gmail.com	9019836482	12-04-2024 13:43	N/A
group_5999	Varshitha L	Nanda kausalya K	nandakausalya@gmail.com	9786725476	12-04-2024 13:43	N/A
group_5999	Varshitha L	Rajeshwari.M	rajeshwarinayaka30@gmail.com	9148872815	12-04-2024 13:43	N/A
group_5999	Varshitha L	Sandhya S	sathisvinki@gmail.com	9663877358	12-04-2024 13:43	N/A
group_5999	Varshitha L	Soniya.k	soniya0331@gmail.com	8296718914	12-04-2024 13:43	N/A
group_5999	Varshitha L	Vishruthi.S	vishruthis75@gmail.com	8884795462	12-04-2024 13:43	N/A
group_5999	Varshitha L	Saraswathi	saraswathi1035@gmail.com	8884437114	12-04-2024 13:43	N/A
group_5997	Varshitha L	Karunya. R	karunya104@gmail.com	9380190962	12-04-2024 13:43	N/A
group_5997	Varshitha L	Deepika. D	deepikasingh@gmail.com	7019517060	12-04-2024 13:43	N/A
group_5997	Varshitha L	Inchira C	incharachandrapa@gmail.com	9019835232	12-04-2024 13:43	N/A
group_5997	Varshitha L	Rachana Gowda S	rachanagowda745@gmail.com	7892088964	12-04-2024 13:43	N/A
group_5997	Varshitha L	Suman.H	sumanchautan.3024@gmail.com	8073665436	12-04-2024 13:43	N/A
group_5997	Varshitha L	Janani. U	mailjanani16@gmail.com	9019519875	12-04-2024 13:43	N/A
group_5997	Varshitha L	Mantha.C	seervinantha69@gmail.com	9449996076	12-04-2024 13:43	N/A
group_5997	Varshitha L	Monika Jain	monikabafna08@gmail.com	8867617265	12-04-2024 13:43	N/A
group_5997	Varshitha L	Supritha RS	suprithars73@gmail.com	9113262956	12-04-2024 13:43	N/A
group_5997	Varshitha L	Veena Dewangan	veenedewangan183@gmail.com	7471131537	12-04-2024 13:43	N/A

Principal  
SJR College For Women  
Rajajinagar, Bengaluru

Principal  
SJR College For Women  
Rajajinagar, Bengaluru-10

group_6001	Varshitha L.	Likitha BK	likitha0105@gmail.com	7204054453	12-04-2024	13:43	N/A
group_6001	Varshitha L.	SHIVANI BN	shivaniagamma2010@gmail.com	8073158250	12-04-2024	13:43	N/A
group_6001	Varshitha L.	Nisha R	nisharamu49@gmail.com	8073999399	12-04-2024	13:43	N/A
group_6001	Varshitha L.	Preethi. G	preethibalaji2608@gmail.com	7676135567	12-04-2024	13:43	N/A
group_6001	Varshitha L.	Lavanya v	llaya7067@gmail.com	9916586298	12-04-2024	13:43	N/A
group_5998	Jennifer lobo	Sreeja c	sreejac839@gmail.com	6366322217	12-04-2024	13:43	N/A
group_5998	Jennifer lobo	Harshitha pareek	harshithapareek09@gmail.com	7892079584	12-04-2024	13:43	N/A
group_5998	Jennifer lobo	Tulsi c	tulsipurvi21@gmail.com	8431744340	12-04-2024	13:43	N/A
group_5998	Jennifer lobo	Bhavani B ✓	bhavanivani537@gmail.com	7019453701	12-04-2024	13:43	N/A
group_5998	Jennifer lobo	Vinodhini J ✓	vinodhini870@gmail.com	8884316835	12-04-2024	13:43	N/A
group_5998	Jennifer lobo	Meghana N ✓	meghananataraj02@gmail.com	7892429698	12-04-2024	13:43	N/A
group_5998	Jennifer lobo	Divya shree s ✓	punithadivya704@gmail.com	7338257623	12-04-2024	13:43	N/A
group_5998	Jennifer lobo	Sanjana kumari. Y ✓	sanjanakumarisharma@31gmail.com	6362777264	12-04-2024	13:43	N/A
group_5998	Jennifer lobo	Radhika G ✓	radhikavijaya15@gmail.com	6360232268	12-04-2024	13:43	N/A
group_5998	Jennifer lobo	Tulasi. S ✓	tulasi805055@gamil.com	9916576224	12-04-2024	13:43	N/A
group_5996	Jennifer lobo	Sonu S ✓	sonus20030@gmail.com	8123253061	12-04-2024	13:43	N/A
group_5996	Jennifer lobo	Geethanjali D G	geethanjalianju2001@gmail.com	9008800695	12-04-2024	13:43	N/A
group_5996	Jennifer lobo	Ayesha.M ✓	kokkiee.03@gmail.com	8431226657	12-04-2024	13:43	N/A
group_5996	Jennifer lobo	Rakshitha Bai T ✓	rakshitharao2003@gmail.com	9008660693	12-04-2024	13:43	N/A
group_5996	Jennifer lobo	Deena lia ✓	deenafia0207@gmail.com	7019102409	12-04-2024	13:43	N/A
group_5996	Jennifer lobo	Anu L	anul9469@gmail.com	8050515830	12-04-2024	13:43	N/A
group_5996	Jennifer lobo	Swathi.S	swathisathish65@gmail.com	9606581871	12-04-2024	13:43	N/A
group_5996	Jennifer lobo	Pavithra HIRANNI ✓	pavithrapavan755@gmail.com	6364746741	12-04-2024	13:43	N/A
group_5996	Jennifer lobo	Annapoorna M K ✓	annapoornam022@gmail.com	8660573267	12-04-2024	13:43	N/A
group_5996	Jennifer lobo	Himashree N	himashree.roopa@gmail.com	8310144928	12-04-2024	13:43	N/A
group_6000	Jennifer lobo	Veena ✓	veenaganaraju2003@gmail.com	9342392478	12-04-2024	13:43	N/A
group_6000	Jennifer lobo	Shilpa M	choudharyshilpa314@gmail.com	9916939719	12-04-2024	13:43	N/A
group_6000	Jennifer lobo	Poornima.S.C	poornima859@gmail.com	6360153394	12-04-2024	13:43	N/A
group_6000	Jennifer lobo	Soundarya.N	soundaryan0511@gmail.com	6363620090	12-04-2024	13:43	N/A
group_6000	Jennifer lobo	Mythri KN	mythriaradhyas@gmail.com	7337681863	12-04-2024	13:43	N/A
group_6000	Jennifer lobo	Nisha	nishanthinisha0706@gmail.com	6362184407	12-04-2024	13:43	N/A
group_6000	Jennifer lobo	Anjali.P.R	anjalirajendra13@gmail.com	7022162081	12-04-2024	13:43	N/A
group_6000	Jennifer lobo	sahana	sahana682001@gmail.com	8147506911	12-04-2024	13:43	N/A

  
Principal  
SJR College For Women  
Rajajynagar, Bengaluru-10



Sri Jagadguru Renukacharya Education Society (Estd.1945)





**SJR COLLEGE FOR WOMEN**  
#1/D, 59th 'C' Cross, 4th 'M' Block, Rajajinagar, Bengaluru -10  
Accredited with B+ + Grade by NAAC  
**Department of Commerce UG and PG**  
Organizes Guest Lecture  
on  
**"Tenets for Successful Career"**  
Resource Person  
**Dr. T V Raju**  
Director, RVIM  
In Presence of  
**Dr. Prema Siddaraju**  
Principal, SJRCW  
Time: 11:30am Date: 14/12/2023  
Venue: Smt Lalithamma and Sri Channabasappa Auditorium  
Sri. U M Basavaraj Hon. President, SJRES Sri. Prabhudev Kalmath Hon Secretary SJRES Sri.Veerabhadraraih S R Hon. Treasurer, SJRES  
**All are Cordially Invited**  
Management , Principal, Staff & Students

Sri Jagadguru Renukacharya Education Society (Estd.1945)





**SJR COLLEGE FOR WOMEN**  
#1/D, 59th 'C' Cross, 4th 'M' Block, Rajajinagar, Bengaluru, Karnataka  
Accredited with B++ Grade by NAAC  
**Department of Commerce UG and PG**  
organizes Seminar  
On  
**How to Pick a Stock : Finest Approaches for Upcoming Investors**  
Resource Person  
**Dr. Swaminath S**  
Assistant Professor, GFGC  
Executive Committee Member - Indian Accounting Association Karnataka  
Presided by  
**Dr. Prema Siddaraju**  
Principal, SJRCW  
In Presence of  
**Dr. Suman P M** M. Com Co-Ordinator, SJRCW **Samrin A R** HOD of Commerce, SJRCW  
Date: 1/ 6/ 2024 Time: 10:00 AM  
Venue: Smt Lalithamma and Sri Channabasappa Auditorium  
Sri U M Basavaraj Hon. President, SJRES Sri M Kotreshappa Hon.Vice President, SJRES Sri S V Rajendra Prasad Hon.Vice President, SJRES  
Sri.Veerabhadraraih Hon.Treasurer, SJRES Sri.Prabhudev kalmath Hon.Secretary, SJRES  
**All are Cordially Invited**  
Principal, Staff and Students




Sri Jagadguru Renukacharya Education Society Estd. 1945





**SJR COLLEGE FOR WOMEN**  
RAJAJINAGAR, BENGALURU  
Accredited with 'B++' Grade by NAAC  
**DEPARTMENT OF COMMERCE - FORTUNE**  
organises  
**COMMERCE FAIR**  
Inauguration  
**Sri. Veerabhadraraih. S R**  
Hon. Treasurer, SJRES &  
Governing Council Chairman  
In Presence of  
**Dr. Prema Siddaraju** **Ms.Samrin. A R**  
Principal, SJRCW HOD of Commerce, SJRCW  
Guest of Honour  
**Sri. U.M.Basavaraj** **Sri. M.Kotreshappa**  
Hon.President,SJRES Hon.Vice-President,SJRES  
**Sri.S.V. Rajendra Prasad** **Sri. Prabhudev Kalmath**  
Hon.Vice-President,SJRES Hon. Secretary. SJRES  
Date : 28/05/2024(Tuesday)  
Time: 09:30AM  
Venue: College Reading Room  
All are Cordially Invited  
Management, Principal, Staff & Students

Sri Jagadguru Renukacharya Education Society (Estd.1945)

**SJR COLLEGE FOR WOMEN**  
#1/D, 59th 'C' Cross, 4th 'M' Block, Rajajinagar, Bengaluru, Karnataka  
Accredited with A Grade by NAAC  
**Department of Commerce and Management Forum**  
**FORTUNE & ENABLE**  
Organises  
**"COMMERCE FAIR"**  
Inauguration  
by  
**Sri. Vishvanath Hiremath**  
Vice President, SJRES  
In Presence of  
**Dr. Prema Siddaraju** **Dr. Manjunatha K M**  
Principal, SJRCW Vice Principal, SJRCW  
Time: 10:00am Date: 11/01/2023  
Venue: Reading Room  
Sri. Prabhudev Kalmath Secretary SJRES Sri.Veerabhadraraih S R Treasurer, SJRES  
Vimala B S HOD, Commerce Department Gurudath M N HOD, Management Department  
**All are Cordially Invited**  
Principal, Staff & Students

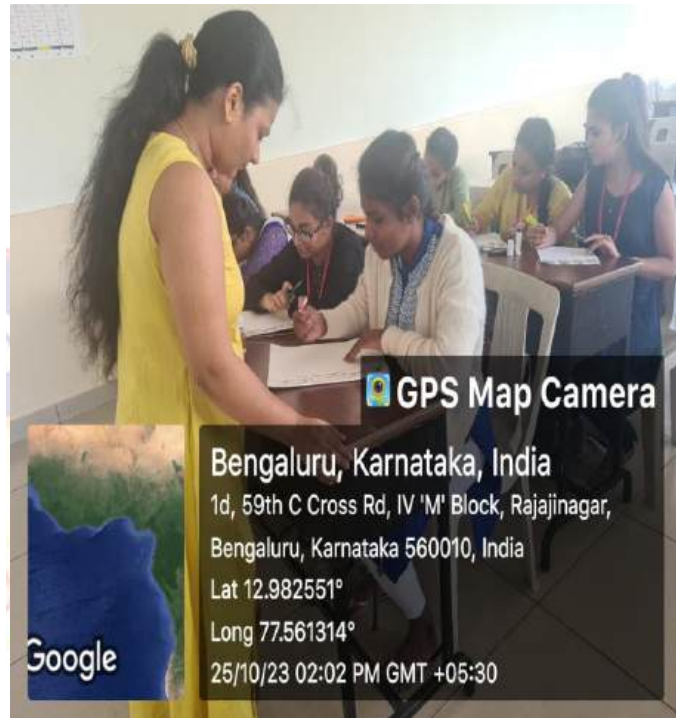
Sri Jagadguru Renukacharya Education Society Estd.1945


**SJR COLLEGE FOR WOMEN**  
#1/D, 59th C Cross, 4th M Block, Rajajinagar, Bengaluru-10  
ACCREDITED BY NAAC

**AN IQAC INITIATIVE  
NATIONAL SERVICE SCHEME  
Organizes Youth Week Celebration**  
On the occasion of **Swami Vivekananda Jayanthi**

06-01-2024	Event 1	Cleanliness Drive Venue: SJR College Campus
08-01-2024	Event 2	Quiz Competition Topic: Swami Vivekananda
09-01-2024	Event 3	Blood Donation Drive
10-01-2024	Event 4	Essay Writing Topic: Swami Vivekananda
11-01-2024	Event 5	Guest Lecture Topic: Swami Vivekananda
12-01-2024	Event 6	Swami Vivekananda Jayanthi Celebration
13-01-2024	Event 7	Guest Lecture Topic: Swami Vivekananda





 **GPS Map Camera**

**Bengaluru, Karnataka, India**  
 1d, 59th C Cross Rd, IV 'M' Block, Rajajinagar,  
 Bengaluru, Karnataka 560010, India  
 Lat 12.982551°  
 Long 77.561314°  
 25/10/23 02:02 PM GMT +05:30

Google

**Sri Jagadguru Renukacharya Education Society (Regt. 1945)**  
**SJR COLLEGE FOR WOMEN**  
 Affiliated to Bengaluru City University  
 Accredited with 'A' Grade by NAAC

**EMPLOYABILITY AND SOFT SKILLS TRAINING**  
 organised by  
**Placement Cell - 'DISHA'**  
 in association with  
**Karnataka Skill Development Corporation**  
 (Naandi Foundation)

**Smt.Kusuma Prasad Smt.Lakshmi Sri.Deepak**  
**Smt.Shreyas Patil Smt.Sadiqa Banu**  
 Trainer

**In Presence of**  
**Dr. Prema Siddaraju**  
 Principal

**Sri.U M Basavaraj Sri. Prabhudev Kalmath Sri. Veerabhadraiah.S.R**  
 Hon. President, SJRES Hon. Secretary, SJRES Hon. Treasurer, SJRES

**Date: 04.12.2023 to 09.12.2023 Time : 08:30a.m to 3:30 p.m**  
**Venue: Smt. Lalithamma & Sri. Channabasappa Auditorium**

 <p><b>SJR COLLEGE FOR WOMEN</b>          Rajajinagar, Bengaluru 560010          Accredited with B++ Grade by NAAC          Affiliated to Bengaluru City University          Organised by          Department of Physics          In association with          Indian Association of Physics Teachers - RC12A</p> <p>One Day Workshop on  <b>Design-n-Concepts: Do it yourself</b></p> <p>Date: 28-9-2024, Monday @ 10: 00 AM Venue: Physics Lab-2</p> <p>Resource Person  <b>SARMISTHA SAHU</b>          Retired Associate Professor of Physics          Coordinator, IAPT Anuvahika</p> <p>Presided by  <b>Dr. Prema Siddaraju</b>          Principal, SJR College for Women</p>	<p><b>ABOUT THE INSTITUTION</b></p> <p>SJR College for Women is located centrally at Rajajinagar entrance has a rich legacy spanning over 80 years. The institution has remained determined in its mission to empower female students, equipping them with essential skills for a growing future. Guided by the visionary leadership of former Professor Prof. M. Shashikumaraswamy, a stalwart in academics and administration, the institution has grown steadily, laying each foundation stone with care. SJRCA is affiliated to Bengaluru City University and recognised by UGC under section 2(f) and 2(BB). It has successfully and consistently completed four accreditation cycles by NAAC, underscoring its commitment to excellence. Keenness to its core values, the institution remains dedicated to fostering knowledge and nurturing student talents achieving academic excellence.</p> <p><b>OBJECTIVE OF THE WORKSHOP</b></p> <p>The workshop aims to equip undergraduate students with practical skills in design and conceptualisation through hands-on activities and interactive sessions. By fostering a do-it-yourself approach, participants will gain confidence in applying their creativity.</p> <p><b>Outline of the workshop</b></p> <p>Session-1: Solid Angles (10:30 AM - 12:30 PM)          Session-2: Toys- Do it yourself (1:00 PM to 3:00 PM)</p> <p><b>Expected Outcome</b></p> <p>1) Participants will develop practical skills in design and conceptualisation.          2) Increased awareness and appreciation for the role of design based on Physics principles.          3) Enhanced confidence in participants' ability to undertake do-it-yourself projects.</p>
<p>Sri.U M Basavaraj Hon. President, SJRES          Sri. M.Koteswara Reddy Hon. Vice President, SJRES          Sri. S.V Rajasree Prasad Hon. Treasurer, SJRES          Sri. Prabhudev Kalmath Hon. Secretary, SJRES          Sri. Veerabhadraiah.S.R Hon. Treasurer, SJRES</p> <p><b>Management, Staff &amp; Students</b></p>	

# Language and Communication Skills

Sri Jagadguru Renukacharya Education Society Estd. 1945  
**SJR College for Women**  
 #1/D, 59th 'C' cross, 4th 'M' block, Rajajinagar, Bengaluru - 10  
 Affiliated to Bengaluru City University  
 Accredited with "B++" Grade by NAAC

GANDHI STUDY CENTER in Association with  
 KARNATAKA GANDHI SMARAKA NIDHI, Bengaluru

**"DESI SATHVA - GANDHI TATVA"**  
 Khadi Mahotsava, Desi Ahara mela & Desi Aatagalu  
 Date: 24th April 2024, Wednesday, Time: 10:00 am - 03.30 pm  
 Venue: Reading Room

**Inauguration**

Sri. S V Rajendra Prasad Hon. Vice President, SJRES	Dr. Abida Begum Convener, G.V.S.P., KGSN, Bengaluru, Physical Education Director, Govt. First Grade College, T.Dasarahalli, Bengaluru.
Sri. Veerabhadraiah S R Hon. Treasurer, SJRES	

**In Presence of**

Sri U M Basavaraju Hon. President, SJRES	Sri. M Kotreshappa Hon. Vice President, SJRES	Sri.Prabhudev Kalmath Hon. Secretary, SJRES
Dr. Prema Siddaraju Principal, SJRCW	Prof. Kalpana T S Principal, SJRPUCW	

**Judges**

Mrs. Jyothi Shashidar Principal, SJR Public School, HSR Layout, Brundavannagar, Bengaluru	Mrs. Padma Lecturer, SJRPUCW, Rajajinagar.
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**ALL ARE CORDIALLY INVITED**

Management, Principal, Committee Members, Staff and Students

ವಿಸ್ ಆರ್ ಮಹಿಳಾ ಕಾಲೇಜು  
 ಸಹಯೋಗ  
**ನಾಟಕ ಬೆಂಗಳೂರು**  
 ಕನ್ನಡ ಸಂಘ - ಉತ್ಕೃಂ  
 ನಾಟಕ ಪ್ರದರ್ಶನ  
**ಕೆ ಎಸ್ ನರಸಿಂಹಸ್ವಾಮಿಯವರ ಮೂಲ ಕವನಗಳನ್ನಾಧರಿಸಿದ**  
**"ಮೈಸೂರು ಮಲ್ಲಿಗೆ"**

ದಿನಾಂಕ:- 28/11/2023 ಬೆಳಿಗ್ಗೆ : 10:30ಕ್ಕೆ  
 ಸ್ಥಳ: ಶ್ರೀಮತಿ ಲಲಿತಮ್ಮ ಶ್ರೀ ಚೆನ್ನಬಸವ್ವ ಸಭಾಂಗಣ

**ವಿನ್ಯಾಸ - ನಿರ್ದೇಶನ:** ಡಾ. ಬಿ ವಿ ರಾಜಾರಾಂ  
**ರಂಗನಾಟಕ:** ರಾಜೇಂದ್ರ ಕಾರಂತ  
**ಕಲಾ ತಂಡ:** ಕಲಾ ಗಂಗೋತ್ರಿ

**ನುಡಿ ಸದಗರ**  
 ಕರ್ನಾಟಕದ ವಿವಿಧ ಜಿಲ್ಲೆಗಳ ವೈವಿಧ್ಯತಾ ಪ್ರದರ್ಶನ  
 ದಿನಾಂಕ:- 29/11/2023 ಬೆಳಿಗ್ಗೆ : 09:30ಕ್ಕೆ  
**ನುಡಿ ಸದಗರದ ತೀರ್ಪುಗಾರರು**

ಡಾ. ಪೂರ್ಣಿಮಾ ಕನ್ನಡ ವಿಭಾಗದ ಮುಖ್ಯಸ್ಥರು, ಕೋಲಾರಿಪುರಂ ಮಾಣಿಕ್ಯ ಮತ್ತು ಮ್ಯಾನ್ಯುಸ್ಕ್ರಿಪ್ಟ್ ಕಾಲೇಜು, ಕೋಲಾರಿಪುರಂ, ಬೆಂಗಳೂರು.	ಡಾ. ಮಮತಾ ಸಾಲೇಮಠ ಸಹಾಯಕ ಪ್ರಾಚಾರ್ಯರು, ಎಸ್ ಜೆ ಆರ್ ಕಲಾ, ವಿಜ್ಞಾನ ಮತ್ತು ಮಾಣಿಕ್ಯ ಕಾಲೇಜು, ಅನಂದಯ್ಯಾ ವೃತ್ತ, ಬೆಂಗಳೂರು.
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**ಎಲ್ಲರಿಗೂ ಪ್ರೀತಿಪೂರ್ವಕ ಸ್ವಾಗತ**  
 ಆದರ್ಶ ಮಂಡಲಿ, ಪ್ರಾಂಶುಪಾಲರು, ಬೋಧಕ ಮತ್ತು ಬೋಧಕೀತರ  
 ಸಿಬ್ಬಂದಿ ಹಾಗೂ ವಿದ್ಯಾರ್ಥಿನಿಯರು

एस जे आर एजुकेशन सोसाइटी (Estd 1945)  
 आजादी के अमृत महोत्सव के अवसर पर हिंदी दिवस के उपलक्ष में  
**एस जे आर महिला विद्यालय**  
 राजाजीनगर बेंगलूरु - १०  
 वैश्विक हिंदी परिवार नई दिल्ली  
 एवं  
 कर्नाटक राज्य विश्वविद्यालय कॉलेज हिंदी प्राध्यापक संघ बेंगलूरु  
 के संयुक्त तत्वावधान में हिंदी दिवस के अवसर पर आयोजित  
**मुख्य वक्ता**

**श्री अनिल शर्मा जोशी**  
 अध्यक्ष, वैश्विक हिंदी परिवार नई दिल्ली  
 पूर्व उपाध्यक्ष, केंद्रीय हिंदी शिक्षण मंडल, नई दिल्ली

**द्वारा 'हिंदी के बढ़ते कदम' विषय विशेष परिचर्चा में**  
**आप सादर आमंत्रित है**  
**संयोजक**

<b>डॉ. प्रेमा सिद्धराजू</b> प्रधानाचार्य, एस जे आर महिला विद्यालय राजाजीनगर, बेंगलूरु - १०	<b>डॉ. विनय कुमार यादव</b> प्रचारिका, कर्नाटक राज्य विश्वविद्यालय केंद्रीय हिंदी प्राध्यापक संघ
<b>डॉ. एस ए मंजूनाथ</b> संयोजक, अध्यक्ष, कर्नाटक राज्य विश्वविद्यालय केंद्रीय हिंदी प्राध्यापक संघ	<b>डॉ. विजयश्री बी गुड्री</b> हिंदी विभाग, अध्यक्ष, एस जे आर महिला विद्यालय राजाजीनगर, बेंगलूरु

**सादर सब आमंत्रित है**  
**अपराह्न शनिवार २ से ३:३०** स्थान - Google Meet

प्रबंधन, प्राचार्य, कर्मचारी और छात्र

# Life skills (Yoga, physical fitness, health and hygiene)

Sri Jagadguru Renukacharya Education Society Regd. 1945

**SJR COLLEGE FOR WOMEN**  
#1/D,59th 'C' Cross, 4th 'M' Block, Rajajinagar, Bangalore-10

ACCREDITED WITH "B++" GRADE BY NAAC  
An IQAC Initiative

Department of Physical Education  
Organises

**ONE DAY WORKSHOP  
ON  
"Yogic Perspective for Women Health"**

**Resource Persons**  
**Akhilesh Kumar Singh**  
Founder, Yoga Expert of  
Nirmala Yoga, Bengaluru.

**Presided By**  
**Dr. Prema Siddaraju**  
Principal, SJRCW

**In Presence of**  
**Dr. Paramma Kuravatti**  
Physical Education Director, SJRCW

**Time: 10:30 AM** **Date: 17th July, 2023**

**Venue: Smt.Lalithamma and Sri.Channabasappa Auditorium**  
**All are Cordially Invited**

**Management, Principal, Committee Members, Staffs and Students**

Sri Jagadguru Renukacharya Education Society Regd. 1945

**SJR COLLEGE FOR WOMEN**  
#1/D,59th 'C' Cross, 4th 'M' Block, Rajajinagar, Bangalore-10

ACCREDITED WITH "B++" GRADE BY NAAC  
An IQAC Initiative

Department of Physical Education  
In association With  
**KEN-BU-KAI SHITO-RYU Karate School  
of India (R)**

**"Karate"**

**Resource Persons**  
**Sensei Srinath Y S**  
NI Dan, Black Belt & Trinaer, KEN-BU-KAI  
SHITO-RYU Karate School of India (R)

**Presided By**  
**Dr. Prema Siddaraju**  
Principal, SJRCW

**In Presence of**  
**Dr. Paramma Kuravatti**  
Physical Education Director, SJRCW

**Time: 11:30 AM to 12:30 PM** **Date: 21th July, 2023**

**Venue: Smt.Lalithamma and Sri.Channabasappa Auditorium**  
**All are Cordially Invited**

**Management, Principal, Committe Members, Staffs and Students**





Sri Jagadguru Renukacharya Education Society (Estd.1945)





**SJR COLLEGE FOR WOMEN**  
 RAJAJINAGAR, BENGALURU  
 Accredited with B++ Grade by NAAC

Entrepreneurship Development Cell - UNNATI  
 organizes Seminar  
 On

**Personality Development and Menstrual Hygiene**

**Srilakshmi Hegde**  
 Image Consultant and Softskill Trainer

Presided by  
**Dr. Prema Siddaraju**  
 Principal, SJRCW




Date: 11th January 2024      Time: 11:25AM

Venue: Smt Lalithamma and Sri Channabasappa Auditorium

Sri U M Basavaraj Hon.President, SJRES	Sri.Prabudev kalmath Hon.Secretary, SJRES	Sri.Veerabhadraraih Hon.Treasurer, SJRES
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**All are Cordially Invited**  
 Principal, Staff and Students

Sri Jagadguru Renukacharya Education Society Estd. 1945

**SJR COLLEGE FOR WOMEN**  
 RAJAJINAGAR, BENGALURU  
 Accredited with 'B++' Grade by NAAC

**WOMEN EMPOWERMENT CELL**  
 organises  
 A Seminar on  
**Women and Mental Health**  
 In Association with Mahila Dakshata Samiti

**Guest Speaker**  
**Ms.Srividya R N**  
 Project Co-ordinator  
 Life Skills Training and Counselling Services Program, NIMHANS




<b>Presided by</b> <b>Dr. Prema Siddaraju</b> Principal, SJRCW	<b>In Presence of</b> <b>Ms. Saranya S Hedge</b> President, Mahila Dakshata Samiti	<b>Ms. Kavitha B V</b> Chairperson, Women Empowerment Cell
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**Guest of Honour**  
**Sri. U.M.Basavaraj** Hon.President, SJRES    **Sri.M.Kotreshappa** Hon.Vice-President, SJRES    **Sri. S.V Rajendra Prasad** Hon.Vice-President, SJRES

<b>Sri. Prabhudev Kalmath</b> Hon. Secretary, SJRES	<b>Sri. Veerabhadraraih. S.R</b> Hon. Treasurer, SJRES & Governing Council Chairman
--	--

**Date & Time : 03/01/2024 (Wednesday) at 11:15 AM**  
**Venue : Smt. Lalithamma & Chennabasappa Auditorium**  
 All are Cordially Invited  
 Management, Principal, Committee Members, Staff & Students

Sri Jagadguru Renukacharya Education Society Estd. 1945

**SJR COLLEGE FOR WOMEN**  
 RAJAJINAGAR, BENGALURU  
 Accredited with 'A' Grade by NAAC

**YOUTH RED CROSS WING**  
 in association with  
 HCG - The Specialist in Cancer Care  
 conducting

**Voluntary Hair Donation Drive**  
**on the occasion of World**  
**Cancer Day - February 4th**




In the Presence of  
**Dr. Prema Siddaraju** Principal, SJRCW    **Dr. Manjunath.K.M** Vice-Principal, M.Com Director, SJRCW

**Mr. Punith Kumar. N**  
 Programme Officer, YRC Wing, SJRCW

**Date : 02/02/2023(Thursday)**  
**Time: 1:00PM**  
**Venue: Lecture Hall - 1(A)**

**All are Cordially Invited**  
 Principal, Vice-Principal, Committee Members, Students Volunteers, Staffs & Students

Sri Jagadguru Renukacharya Education Society Regd. 1945

**SJR COLLEGE FOR WOMEN**  
 #1/D,59th 'C' Cross, 4th 'M' Block, Rajajinagar, Bengaluru-10  
 ACCREDITED WITH "B++" GRADE BY NAAC  
 An IQAC Initiative

**National Service Scheme**  
 In association With  
 Apollo Hospital, Bengaluru

**"CPR AND BASIC LIFE SUPPORTS (BLS)"**

**Resource Persons**  
**Dr. Himaaldev G J**  
 Consultant, Critical Care Medicine, Apollo Hospital, Sheshadripuram, Bengaluru.

**Presided By**  
**Dr. Prema Siddaraju**  
 Principal, SJRCW

**In Presence of**  
**Dr. Paramma Kuravatti**  
 Physical Education Director, SJRCW

**Time: 10:30 AM to 12:00 PM**      **Date: 18th October, 2023**  
**Venue: Smt.Lalithamma and Sri.Channabasappa Auditorium**  
**All are Cordially Invited**  
 Management, Principal, Committee Members, Staffs and Students

# ICT/ Computing skills

SJR Education Society, Estd – 1945 (R)

**S.J.R. College For Women**

#1/D, 50<sup>th</sup> "C" CROSS, 4<sup>th</sup> "M" BLOCK, RAJANAGAR, BENGALURU

Affiliated to Bengaluru City University

Scientia

A talk on

**Cyber Security**

Date: 4<sup>th</sup> January 2023 Time: 10:30 am to 12:00 pm

Resource person  
**Mr. Kashif Khan**  
Trainer and Educational Consultant

Presided by  
**Dr. Prema Siddaraju**  
Principal, SJR College for women

In presence of  
**Dr. Manjunath K M**  
Vice Principal, U.Sou & Education, SJRCW

Dr. Chandrabhathi M G  
Hon. President, SJRES

Sri. Prabhudev Kalmath  
Hon. Secretary, SJRES

Sri. Veerabhadraiah S R  
Hon. Treasurer, SJRES

Sri. Suresh K M  
Hon. Vice-Chairman, SJRES

Venue: Smt. Lalithamma & Sri Channarasappa Auditorium

**ALL ARE CORDIALLY INVITED**

Principal, Scientia members

S J R College for Women

Rajajinagar, Bengaluru-10

Accredited by NAAC with "B++" Grade

Under the auspices of Techno-Vision  
Department of Computer Science

Organizes Guest Lecture  
On

**"Industry 4.0 Technologies: Job Market Opportunities, Skills and Certifications"**

Resource Person  
**Kashif Khan**

Technical Consultant  
**Jet King**

Keynote Address  
**Dr. Prema Siddaraju**

Principal  
**SJRCW**

Date: 24/11/2023 Time: 2:00 pm

Venue: Auditorium

Sri. U.M.Basavaraj Sri. Prabhudev Kalmath Sri. Veerabhadraiah, S.R.  
Hon. President, SJRES Hon. Secretary, SJRES Hon. Treasurer, SJRES & Governing Council Chairman

**Principal**  
**SJR College for Women**  
**Rajajinagar, Bengaluru**



## **SJR COLLEGE FOR WOMEN**

RAJAJINAGAR, BENGALURU

Accredited with ' B++ ' Grade by NAAC



**PG - Department ( SJRCW) Organizes  
3Days workshop on**

**"FINANCIAL MODELS FOR BUSINESS**

**Resource Person**

**Lokesh.T**

**Date : 5th,6th and 7th July 2023**

**Venue**

**Lab 1**

**Dr.Suman.P.M**  
PG Co-ordinator, SJRC

**Dr. Prema Siddaraju**  
Principal,SJRCW

**All are cordially invited  
Staff and Students**

# Report on Financial Modelling

**Mr. Lokesh T**

Financial Model Trainer

A workshop on financial modelling was effectively organized by Mr. Lokesh T. It was a 5 days program, first day introduced himself and the importance of financial modelling in a company and explain it clearly with PPT. Then he started with explaining the models. He explained various model such as income statement model, sum of the parts, comparable company analysis, goal seek analysis, budgetary model, option model, leverage buyout model and discounted cash flow model. After explaining all the models he done revision of all the models from beginning. He also explained how to attend viva and also about the importance of those models in companies. The main motive of this workshop was to fulfillment and these second semester financial modelling practical's.



*Press*

SJR College for Women  
Rajajinagar, Bengaluru



Sri Jagadguru Renukacharya Education Society (Estd.1945)



## **SJR COLLEGE FOR WOMEN**

#1/D, 59th 'C' Cross, 4th 'M' Block, Rajajinagar, Bengaluru -10

Accredited with B+ + Grade by NAAC

Department of Commerce UG and PG

**Organizes Guest Lecture**

on

**"Tenets for Successful Career"**

**Resource Person**

**Dr. T V Raju**

Director, RVIM

**Presided by**

**Dr. Prema Siddaraju**

Principal, SJRCW

**Time: 11:30am**

**Date: 14/12/2023**

**Venue: Smt Lalithamma and Sri Channabasappa  
Auditorium**

**Sri. U M Basavaraj  
Hon. President, SJRES**

**Sri. Prabhudev Kalmath  
Hon. Secretary, SJRES**

**Sri.Veerabhadraiah S R  
Hon. Treasurer, SJRES**

**All are Cordially Invited**

**Management, Principal, Staff & Students**

## COMMERCE FORUM – 'FORTUNE'

### Report on Guest Lecture – "Tenets for Successful Career"

The Department of Commerce, SJR College for Women, organized a Guest Lecture on "Tenets for Successful Career" on 14th of December, 2023

The main objective of this WORKSHOP was to make the students career brighter by imparting in them the fundamental principles for being successful in the near future.



### Detailed Report of the Guest Lecture

**Title:** Tenets for Successful Career

**Resource person:** Dr. T V Raju, Director, RVIM

**Organized by:** 'Fortune'- Commerce Forum

**Presided by:** Dr. Prema Siddaraju, Principal

**Co-ordinator:** Samrin AR, HOD  
Kavitha B.V, Asst. Professor

**Duration:** on 14/12/2023 from 11:30am to 1pm

  
Principal  
S.J.R. College for Women  
Rajajinagar, Bengaluru-10

### Participants profile:

Students from both UG as well as PG participated in the guest lecture. Among the participants 90 students were from BBA, 328 students were from B.Com and 32 students from M.Com.

The inauguration started with an invocation song followed by a welcome speech and guest introduction.

Then the resource person took over the talk and motivated students. Sir discussed the vision and mission, policies and performance, subject expert, management roles and responsibilities, social values, behavioral maturity, intellectual maturity, chronological maturity and emotional intelligence which a person should essentially understand for their betterment.


And finally sir depicted about the Tenets for Successful Career and they are:

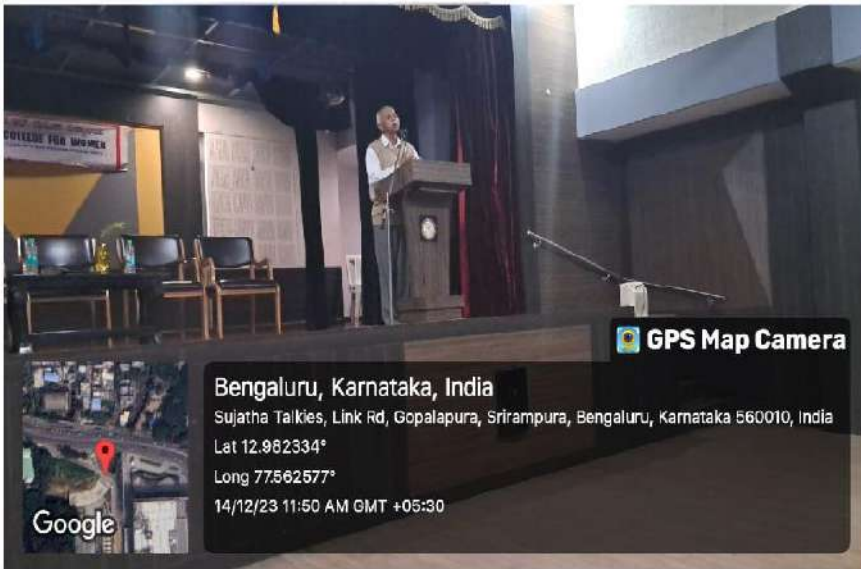
- Self Management
- Decision Making
- Problem Solving
- Critical Thinking
- Creative Thinking
- Effective Communication
- Interpersonal Skills
- Self Awareness
- Empathy
- Stress Management
- Leadership

Finally there was a presidential speech by the principal and vote of thanks to the resource person.

All faculty members and students actively participated in the event and made it successful.

  
Head, Dept of Commerce  
Head of the Department  
Department of Commerce  
S. J. R. College for Women  
Rajajinagar, Bangalore - 560 010

  
Principal  
Principal  
S. J. R. College for Women  
Rajajinagar, Bangalore-10



GPS Map Camera

Bengaluru, Karnataka, India

Sujatha Talkies, Link Rd, Gopalapura, Srirampura, Bengaluru, Karnataka 560010, India

Lat 12.982334°

Long 77.562577°

14/12/23 11:50 AM GMT +05:30

Google



GPS Map Camera

Bengaluru, Karnataka, India

1d, 59th C Cross Rd, IV 'M' Block, Rajajinagar, Bengaluru, Karnataka 560010, India

Lat 12.98233°

Long 77.561356°

14/12/23 11:48 AM GMT +05:30

Google

Head, Dept of Commerce  
No. 10 at 110  
Department of Commerce  
S. R. College for Women  
Rajajinagar, Bangalore - 560 010

Principal at  
S. R. College for Women  
Rajajinagar, Bangalore - 560 010





## **SJR COLLEGE FOR WOMEN**

#1/D, 59th 'C' Cross, 4th 'M' Block, Rajajinagar, Bengaluru, Karnataka  
Accredited with B++ Grade by NAAC

**Department of Commerce UG and PG  
organizes Seminar**

**On**

***How to Pick a Stock : Finest Approaches for  
Upcoming Investors***

**Resource Person**

**Dr. Swaminath S**

Assistant Professor, GFGC

Executive Committee Member - Indian Accounting Association  
Karnataka

**Presided by**

**Dr. Prema Siddaraju  
Principal, SJRCW**

**In Presence of**

**Dr. Suman P M**

M. Com Co-Ordinator, SJRCW

**Samrin A R**

HOD of Commerce, SJRCW

**Date: 1/ 6/ 2024**

**Time: 10:00 AM**

**Venue: Smt Lalithamma and Sri Channabasappa Auditorium**

Sri U M Basavaraj  
Hon.President, SJRES

Sri M Kotreshappa  
Hon.Vice President, SJRES

Sri S V Rajendra Prasad  
Hon.Vice President, SJRES

Sri.Veerabhadraiah  
Hon.Treasurer, SJRES

Sri.Prabudev kalmath  
Hon.Secretary, SJRES

**All are Cordially Invited  
Principal, Staff and Students**



# SJR

Sri Jagadguru Renukacharya Educational **Principal**

ಎಸ್. ಜಿ. ಆರ್. ಪ್ರೆಮಾ ಕಾರ್ಡಿನಾಟರ್

## College for Women

(Affiliated to Bangalore Central University & Accredited with 'A' Grade by NAAC)  
#1/D, 59<sup>th</sup> C Cross, 4<sup>th</sup> M Block, Rajajinagar, Bengaluru-560 010  
Phone: 080-23301734, 23359474, E-mail: principal@sjrcw.edu.in,  
Website: www.sjrcw.edu.in

Ref: SJRCW/ CIR/ /2024-25

Date : 10.06.2024

### COMMERCE FORUM – 'FORTUNE'

#### Report on Seminar – "How to Pick a Stock: Finest Approaches for Upcoming Investors"

The Department of Commerce UG and PG, SJR College for Women, organized a Seminar on "How to Pick a Stock: Finest Approaches for Upcoming Investors" on 01st of June, 2024



The main objective of the seminar was to make the students to understand the suitable stock picking approach early in their investing journey so that they can specialize in it and improve it as they gain.

#### Detailed Report of the Guest Lecture

**Title:** "How to Pick a Stock: Finest Approaches for Upcoming Investors"

**Resource person:** Dr. Swaminath S Assistant Professor, GFGC, Executive Committee Member- Indian Accounting Association Karnataka

**Organized by:** 'Fortune'- Commerce Forum

**Presided by:** Dr. Prema Siddaraju, Principal

**Co-ordinator:** Dr. Suman, M.Com Co-ordinator

Duration: on 01/06/2024 from 10 am to 12 pm

**Participants profile:** Students from both UG (B. Com and BBA) as well as PG (M. Com) participated in the seminar.

The inauguration started with an invocation song followed by a welcome speech and guest introduction. Then the resource person took over the talk. Sir shared some trivia of investment and explained the importance of financial health through right investment. Sir described the four pillars of Financial Health (spend, plan, borrow, save). And the returns depend on the Investors perception towards risk. Sir also depicted the 10 golden rules of investing in stock market, among which SIP and Business Models are of utmost important. And also, the different types of stocks and the key factors influencing its selection were also discussed.

Finally, the finest approaches in picking stock was taught. As sir said there are different analysis carried out in the process of selection of stock. They are:

- Fundamental Analysis
- Industry Analysis
- Company Analysis
- Technical Analysis
- Economic Analysis

Finally, the event was concluded with the clarification of doubts and all faculty members and students actively participated in the event and made it successful.



*Ramesh*

Principal

Principal

SJA College For Women

Rajajinagar, Bengaluru-10

*Shobha*

Head, Dept of Commerce

Head of the Department

Department of Commerce

S. R. College for Women

Rajajinagar, Bangalore - 560 010

*S. Kumar*

M. Com Co-Ordinator



**Sri Jagadguru Renukacharya Education Society (Regt. 1945)**

***SJR COLLEGE FOR WOMEN***

***Affiliated to Bengaluru City University***

***Accredited with 'A' Grade by NAAC***

***EMPLOYABILITY AND SOFT SKILLS TRAINING***

***organised by***

***Placement Cell - 'DISHA'***

***in association with***

***Karnataka Skill Development Corporation***

***(Naandi Foundation)***

***Smt.Kusuma Prasad Smt.Lakshmi Sri.Deepak***

***Smt.Shreyas Patil Smt.Sadiqa Banu***

***Trainer***

***In Presence of***

***Dr. Prema Siddaraju***

***Principal***

***Sri.U M Basavaraj Sri. Prabhudev Kalmath Sri. Veerabhadraiah.S.R***

***Hon. President, SJRES***

***Hon. Secretary, SJRES***

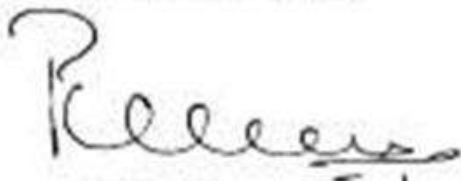
***Hon. Treasurer, SJRES***

***Date: 04.12.2023 to 09.12.2023 Time : 08:30a.m to 3:30 p.m***

***Venue: Smt. Lalithamma & Sri. Channabasappa Auditorium***





  
Principal  
Principal  
S.J.R. College for Women  
Rajajinagar, Bangalore-10



**Sri Jagadguru Renukacharya Education Society Regd. 1945**

**SJR COLLEGE FOR WOMEN**

#1/D,59th 'C' Cross, 4th 'M' Block, Rajajinagar, Bangaluru-10

**ACCREDITED WITH "B++" GRADE BY NAAC**

**An IQAC Initiative**

**Department of Physical Education**

**Organises**



**ONE DAY WORKSHOP**

**ON**

**"Yogic Perspective for Women Health"**

**Resource Persons**

**Akhilesh Kumar Singh**

**Founder, Yoga Expert of  
Nirmala Yoga, Bengaluru.**

**Presided By**

**Dr. Prema Siddaraju**

**Principal, SJRCW**

**In Presence of**

**Dr. Paramma Kuravatti**

**Physical Education Director, SJRCW**

**Time: 10:30 AM**

**Date: 17th July, 2023**

**Venue: Smt.Lalithamma and Sri.Channabasappa Auditorium**

**All are Cordially Invited**

**Management, Principal, Committee Members, Staffs and Students**



# SJR

Sri Jagadguru Renukacharya Education Society™

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## College for Women

(Affiliated to Bangalore Central University & Accredited with 'A' Grade by NAAC).

#1/D, 55<sup>th</sup> C Cross, 4<sup>th</sup> M Block, Rajajinagar, Bengaluru-560 010

Phone: 080-23381734, 23359474. E-mail: principal@sjrow.edu.in

Website: www.sjrow.edu.in

### Department of Physical Education

### Report on One Day Yoga Workshop

Department of Physical Education has organized one day workshop on yogic perspective for Women health for all the Students on 17th July 2023 at 10:30am in the College auditorium. The resource person for workshop was Akhilesh Kumar Singh. Sir has enlightened the students about women health and role of yoga in women health. Women's life and their roles have changed drastically over the years. In former days, women's life was limited to household chores. It was a full-time stay-at-home responsibility. Let aside having a career, women were not even allowed to step out of their homes. It was limited to the kitchen, household duties and childbearing. They were denied the right to education as well. In those conditions as well, women had some time for themselves and physical activity was an add-on to their daily duties. However, things have changed over time women are now front runners and are competing with men in many fields, and that too without compromising with household duties. These jobs often involve long sitting hours and reduced physical activity, thereby affecting overall health. Hence, it is the need of the hour to take time out for some physical activity as well with busy schedules & unhealthy eating habits, we have invited a lot of diseases and lifestyle issues. Today, every fourth woman is facing PCOS and infertility issues. Lack of physical activity in any form further adds to our problems. It is vital that one follows the below steps in order to improve overall health.

Physical Education Director  
S.J.R. College for Women  
Rajajinagar, Bengaluru-560 010





XHM6+5H2, Link Rd, 4N Block, Yashoda Nagar, Srirampura, Bengaluru, Karnataka 560023, India

Latitude  
12.982722°

Local 12:37:04 PM  
GMT 07:07:04 AM

Longitude  
77.5614045°

Altitude 887 meters  
Monday, 17.07.2023



XHM6+5H2, Link Rd, 4N Block, Yashoda Nagar, Srirampura, Bengaluru, Karnataka 560023, India

Latitude  
12.982722°

Local 12:45:53 PM  
GMT 07:15:53 AM

Longitude  
77.5614045°

Altitude 887 meters  
Monday, 17.07.2023



XHJ6+XQ4, opposite to Sujatha theater, Gopalapura, Rajajinagar, Bengaluru, Karnataka 560023, India

Latitude  
12.9823861°

Local 12:45:38 PM  
GMT 07:15:38 AM

Longitude  
77.5617627°

Altitude 880 meters  
Monday, 17.07.2023

*[Handwritten Signature]*  
Principal  
S.J.R. College for Women,  
Rajajinagar, Bangalore-19



**Sri Jagadguru Renukacharya Education Society Regd. 1945**

**SJR COLLEGE FOR WOMEN**

#1/D,59th 'C' Cross, 4th 'M' Block, Rajajinagar, Bangaluru-10

**ACCREDITED WITH "B++" GRADE BY NAAC**



**An IQAC Initiative**

**Department of Physical Education**

**In association With**

**KEN-BU-KAI SHITO-RYU Karate School  
of India (R)**

**"Karate"**

**Resource Persons**

**Sensei Srinath Y S**

**N1 Dan, Black Belt & Trinaer, KEN-BU-KAI  
SHITO-RYU Karate School of India (R)**

**Presided By**

**Dr. Prema Siddaraju**

**Principal, SJRCW**

**In Presence of**

**Dr. Paramma Kuravatti**

**Physical Education Director, SJRCW**

**Time: 11:30 AM to 12:30 PM**

**Date: 21th July, 2023**

**Venue: Smt.Lalithamma and Sri.Channabasappa Auditorium**

**All are Cordially Invited**

**Management, Principal, Committe Members, Staffs and Students**



# SJR

Sri Jagadguru Renukacharya Education Society

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## College for Women

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#10, 59<sup>th</sup> 'C' Cross, 4<sup>th</sup> 'W' Block, Rajanagar, Bengaluru-560 010

Phone: 080-23351734, 23359474, E-mail: principal@sjrow.edu.in

Website: www.sjrow.edu.in

### Department of Physical Education

### Report on One Day Karate Workshop


Department of Physical Education has organized one day workshop on Karate for all the Students on 29<sup>th</sup> July 2023 at 11:30am in the College auditorium. The resource person for workshop was Sri. Srinath, NI Dan, Black Belt and Trainer, KEN-BU-KAI SHITO- RYU Karate School of India (R) Sir has enlightened the students Life is a gift. It's also unpredictable. Self-defense helps to prepare you for unexpected situations and also helps to develop mental and physical health. It may be hard to imagine being attacked by a stranger, but it happens every day. These attacks occur without warning, and when individuals least expect it. These attacks are all the more common. While this is a scary fact, it is something the average Indian should take seriously. By learning the basics of self-defense skill you prepare yourself for dangerous and unforeseen circumstances. In addition to various other benefits such as discipline, respect, self-control, improving coordination, balance, speed, strength, flexibility as well as overall health, wellness, and a positive way of life. Self-defense helps women protect themselves and their family. In my opinion, this is the most important reason for women to learn self-defense, because it is the difference between life and death. While men are touted as the stronger sex, jujitsu is a small man's sport. Meaning, even though women are smaller and not as strong, this discipline helps women use their opponent's mechanics against them, such as their height, weight, and even strength. In a self-defense situation, this is pivotal. The majority of attackers are not going to be proficient in martial arts. This provides an edge to women when in a self-defense situation. The program was very useful and around 200 students and staff were benefitted with his speech. The program was presided by our beloved principal Dr. Prema Siddaraju followed by vote of thanks

*Prema Siddaraju*

*Prema Siddaraju*  
Education Director  
College for Women  
Jax, Bengaluru-10

# KARATE WORKSHOP



  
Principal  
S,J,R. College for Women,  
Rajajinagar, Bangalore-10



Sri Jagadguru Renukacharya Education Society (Estd.1945)



**SJR COLLEGE FOR WOMEN**

#1/D, 59th 'C' Cross, 4th 'M' Block, Rajajinagar, Bengaluru, Karnataka

Accredited with B++ Grade by NAAC

**Entrepreneurship Development Cell - UNNATI**  
organizes Seminar

On  
**Personality Development, Grooming**  
**and menstrual Hygiene**

**Srilakshmi Hegde**  
Image Consultant and Softskill Trainer

Presided by  
Dr. Prema Siddaraju  
Principal, SJRCW

Date: 11th January 2024

Time: 11:25AM

Venue: Smt Lalithamma and Sri Channabasappa Auditorium

Sri U M Basavaraj  
Hon.President, SJRES

Sri.Prabudev kalmath  
Hon.Secretary, SJRES

Sri.Veerabhadraiah  
Hon.Treasurer, SJRES

**All are Cordially Invited**  
**Principal, Staff and Students**

  
Principal

S.J.R. College for Women,  
Rajajinagar, Bangalore-10



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Sri Jagadguru Renukacharya Education Society™

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## College for Women

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#1/D, 59<sup>th</sup> C Cross, 4<sup>th</sup> M Block, Rajajinagar, Bangalore-560 010  
Phone: 080-23381734, 23359474, E-mail: principal@sjrcw.edu.in  
Website: www.sjrcw.edu.in

Ref: SJRCW/CIR/ / 2023-24

Date: 11.01.2024

### ENTERPRENUERSHIP DEVELOPMENT CELL - UNNATI

#### REPORT ON SEMINAR

Under the auspicious of Entrepreneurship Development Cell- Unnati has organized one day seminar on **PERSONALITY DEVELOPMENT, GROOMING AND MENSTRUAL HYGINE** on 11/01/2023 at 11:25 am in the Auditorium to all the students. Around 125 students are attended the seminar. Seminar started with welcoming the gathering and speaker by Smt. Abhinaya Dandapani from II M.Com and Ms. Kusuma from III B.Com1 was the host for the seminar. Later, Principal Dr. Prema Siddaraju madam spoke few words about the seminar and later session was taken over by the Speaker.

Srilakshmi Hegde was invited as speaker for the seminar and she has enlightened the students about personality Development and how Appearances, Body language and Communication to be followed while attending the Interview. How Self confidence makes to perform good at Interview.

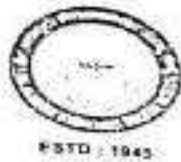
Speaker has enlighten the students by giving tips to be confident , tips for good Communication and tips to maintain Hygienic in both professional and personal life. Speaker focused more and given insight knowledge to students about the menstrual Hygiene which is very important to the ladies during menstrual time. She also suggested brand which to be choose for use and also given sample of pads and leaser to the students and concluded the session with vote of thanks.

Principal  
S.J.R. College for Women  
Rajajinagar, Bangalore-10



*Inde*  
 Chairperson

*Reenu*  
 Principal  
 S.J.R. College for Women  
 Rajajinagar, Bangalore-10



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## College for Women

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Phone: 080-23381734, 23359474. E-mail: principal@sjrww.edu.in.  
Website: www.sjrww.edu.in

Ref: SJRCW/CIR/76/ 2023-24

Date: 10.01.2024

### CIRCULAR

#### Entrepreneurship Development Cell – Unnati

Under the auspicious of Entrepreneurship Development Cell – Unnati is organizing Seminar on Personality Development, grooming, menstrual Hygiene to all Students on 11.01.2024 at 11:25PM in College auditorium.

*[Signature]*  
Chairperson

*[Signature]*  
Principal 10/1/2024

I BCom1	<i>[Signature]</i>
I BCom2	<i>[Signature]</i> 11/01/2024
II BCom1	<i>[Signature]</i>
II BCom2	<i>[Signature]</i>
III BCom1	<i>[Signature]</i>
III BCom2	<i>[Signature]</i>
I BBA	
II BBA	
III BBA	





Sri Jagadguru Renukacharya Education Society<sup>®</sup>

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College for Women

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Phone: 080-23301734, 73359474, E-mail: principal@sjrw.edu.in

Website: www.sjrw.edu.in

Ref: SJRCW/ CIR / 113 / 2023-24

Date: 03.01.2024

CIRCULAR

Staff & Students are hereby informed to attend the seminar on "Women and Mental Health" at our college on 03.01.2024 at 11.25 a.m organised by Women Empowerment Cell in Auditorium.

  
Principal 3/1/2024

Principal  
S.J.R. College for Women  
Rajajinagar, Bangalore-10

Class	Signature
I B.Sc	Mamata P.S.
I B.Sc 2	Shruthi 3/1/24
I B.Com 1	Radhika
I B.Com 2	Radhika
I BBA	S
I BCA	A R
II B.Sc 1	A
II B.Sc 2	A
II B.Com 1	A
II B.Com 2	Hanumanth K.S
II BBA	N. Krishna Y
II BCA	Jyothsna K.L
III B.Sc 1	Chitra S.P.O
III B.Sc 2	
III B.Com 1	Rajeev
III B.Com 2	Rajeev 03/01/2024
III BBA	Manu 3/1/24
III BCA	Rajeev 3/1/24

I M.com  
II M.com  
Sunita  
Sunita P.S.


## SRI JAGADGURU RENUKACHARYA COLLEGE for WOMEN

Report on Women Empowerment Cell "DHWANI" 2/3/24

A Talk on International Women's day organised by Women Empowerment Cell Dhvani and the Chief guest for the occasion was Mathrushree Kavyashree Ammanavaru, Sri Jagadguru Renukacharya Shivalinga Ashrama Naganuru, Gokak taluk, Belgaum. A function was organized by women's empowerment cell on 2/3/24 at 10:30 AM by women Empowerment cell Dhvani in the college on account of Women's day celebration. The function started with a welcome speech by Dr. Roopa Dept of Kannada and the guest of the day was introduced.

The function was presided by Dr. Prema Siddaraju Principal SJRCW. Mathrushree Kavyashree ammanavaru spoke on the importance of women in each and every field and spoke about the contribution of women in every field and how women could reach each and every field with strong will and determination. There is no field in where women cannot succeed in and nothing is impossible for a woman if she has a strong determination and aims. She stressed about women empowerment and how important it is to the society and the nation. She gave an account on her successful yet a difficult journey however she was able to overcome the barriers of society and stand on the esteem position today. she was proud to say that she had achieved her goal in life, which had seemed impossible for a naïve young girl but she was happy to be back in SJR College to share her efficient experience.

Mathrushree Kavyashree Ammanavaru encouraged the faculty also to follow their dream and never give up, as women we are strong innate is her belief. She was very proud to be an alumni of the college and how hard work and dedication made her reach her goal which in turn led her to be a successful woman. Finally Ammanavaru concluded that she was very happy to be a part of women's day celebrations in this college. Principal Dr Prema Siddaraju madam spoke and gave tips on how women could lead successful life by being organized and successful by taking Ammanavaru as inspiration. Ms. Kavitha B.V, Chairperson, Women Empowerment Cell Dhvani and committee members were present. Finally thanks giving was done by Dr Kavya, dept of Kannada and the function concluded with the national anthem.



Principal  
S.J.R. College for Women  
Rajajinagar, Bangalore-16



*Reena*  
 Principal  
 S.J.R. College for Women  
 Rajajinagar, Bangalore-10



# SJR

Sri Jagadguru Renukacharya Education Society®

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## College for Women

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#1/D, 59<sup>th</sup> 'C' Cross, 4<sup>th</sup> 'M' Block, Rajajinagar, Bengaluru-560 010.

Phone: 080-23381734, 23359474, E-mail: principal@sjrcw.edu.in,

Website: www.sjrcw.edu.in

Ref: SJRCW/ CIR / / 2024-25

Date: 04.12.2024

### A REPORT ON PEER COUNSELLING TRAINING PROGRAMME.

Counselling cell - 'SAKHI' organized a programme 'Peer counselling training- an introduction' on 12 dec 2023 at 2.00 pm with an objective to train students and to educate them about counseling.

The event started at 2 pm in Smt.Lalithamma and chennabasappa Auditorium. The guest speakers were Mr. Udayshankar, Secretary, Aapta Saleha Kendra and Ms. Prema Bhargar, Assistant teacher at Sri Aurobindo Vidya Mandir. The programme was presided by Dr. Prema Siddaraju madam, Principal SJRCW in presence of Ms. Megha S Upadhye, chairperson, Counselling cell.

The formal function started with a welcome address followed by guest introduction. The keynote address was delivered by Dr. Prema iddaraju. She spoke about the Importance of 'counselling' and why Adolescent and Teenagers needed Counselling. She talked about the stressful Life and tensed situations. She introduced the guests and spoke about Health awareness programmes - mental stress during Covid times, How students had to Take online classes and situations during covid times which led to mental and emotional stress. Aaptasaleha Kendra had played a very important role during those times and had counselled several students about their mental state. They also educated them about keeping a healthy mind. Chief guest of the function Mr. Uday Shankar talked about the importance of counseling classes. He said that students could get answers to many unanswered questions which could not be discussed with anyone. Students would be able to identify their problems and will definitely find solutions to those problems. They would also be able to get rid of anxiousness. Some students would be benefitted and supported from outside to solve their personal issues. Aapta Saleha Kendra would help these People from outside and identify their problems and guide them to lead a healthy life. Madam Prema Bhargava took over and spoke about many topics which covered Adolescence, their characteristics, Disobedience, Mental health glandular changes, Hormonal changes, Opposite Gender attraction, peer counselling and problems Regarding Mental, Physical and Emotional health issues. She explained many concepts like crush, attraction, love marriage by PPT presentation which was explained in detail. Students came to know the importance of Counselling and could easily find solutions to their problems through Aapta Saleha Kendra Helpline. School Counselling, College counselling, Peer Counselling, Pre-martial counselling and Bharatiya way of counselling which was explained by giving examples. Face to face communication, its benefits, Regaining emotional balance, Better relationships, Less anxiety, increase awareness abilities to set boundaries, etc., She said that by disclosing our trauma, we would be free from the

stress and burden. Students would be taught to balance their thoughts, to think positively to gain confidence and to be stable. Many students related issues would be dealt by counselling. Many students from different streams participated. This programme was very informative on the whole and students got to know more about healthy living. Finally, the programme ended with a thanks giving. The main purpose of the programme was to help the Students to understand more about their own mental health, healthy living. Later on another session for the entire staff members was organized by interacting with the staff members to enrich the counselling session, their views and ideas were also extracted and the programme ended with a positive note.



*Reena*  
Principal  
Principal  
S.J.R. College for Women  
Rajajinagar, Bangalore-10



# SJR

Sri Jagadguru Renukacharya Education Society

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## College for Women

(Affiliated to Bangalore Central University & Accredited with 'A' Grade by NAAC)

#10, 59<sup>th</sup> C Cross, 4<sup>th</sup> M Block, Royal Nagar, Bangalore-560 010

Phone: 080-23381734, 23359474, E-mail: principal@sjcw.edu.in

Website: www.sjcw.edu.in

Ref: SJRCW/CIR / 49 / 2024-25

Date : 18.06.2024

### Report

On May 31, 2024, at 1:30 PM, in Seminar Hall, the IQAC and YRC, in collaboration with Apollo Hospital, arranged a Faculty Development Program. A course on basic life support and first aid Our resource person, Dr. Sharavanan B.E., provided a through presentation on BLS, which is a collection of emergency measures that can help a patient survive in the moments following a potentially fatal accident. The following non-invasive BLS methods are possible:

#### **CPR, or cardiopulmonary resuscitation.**

Manual blood circulation can be achieved using chest compressions when the heart stops beating efficiently. It is recommended to perform compressions at a rate of 100-120 per minute, fully recoiling the chest after each compression. You can administer mouth-to-mouth ventilation, or rescue breaths, if you've received CPR training. Control of airways

#### **Air Management**

This can involve methods to open the airway and guarantee a clear passage, such as the head-tilt-chin-lift or jaw push procedure. In addition, advanced airway devices such as supraglottic airways or endotracheal tubes may be used by medical professionals in cases of bleeding, burns, animal bites, and other conditions.

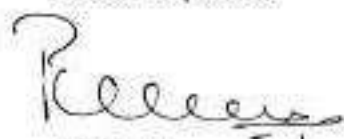
As the doctor demonstrated on the mannequin, the faculty development program required a great deal of dexterity, especially from the doctor in terms of understanding what to do in the event that a baby chokes or needs CPR. Many lives can be saved if people are aware of how to respond and provide basic life support in an emergency.

Smt. Selvi madam provided a fantastic presentation on menstruation and feminine hygiene, which elevated the program's quality.

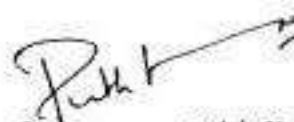
The Presidential Address was delivered by SJRCW Principal Dr. Prema Siddaraju. The principal expressed gratitude to the doctor for taking the time to speak to the faculty and raise awareness. Madam highlighted the significance of having the ability to care for others.

Dr. Jyothi E . Department of Biotechnology served as the program's anchor. Dr. Manjula S N, Department of Physics gave the welcoming address, while Dr. Gurudath M N, Department of Management delivered the vote of thanks.

At 4:30 PM, the program came to a conclusion, and all of the faculty members received tea, coffee, and pastries.



Principal  
Principal  
S.J.R. College for Women  
Rajajinagar, Bangalore-10



Program officer  
Youth Red Cross wing  
SJR College for women



*Principals*  
Principal  
Principal  
S.J.R. College for Women  
Rajajinagar, Bangalore-10





## **SJR COLLEGE FOR WOMEN**

#1/D,59TH 'C' Cross, 4th 'M'Block, Rajajinagar, Bengaluru-10  
Accredited with 'B++' Grade by NAAC

IQAC and YRC jointly In association with Apollo Hospital  
organizing

Faculty Development Programme-“Workshop on First Aid”

**Presided By**  
**Dr. Prema Siddaraju**  
Principal, SJRCW

**Resource Person**

**Dr. Sharavanan B.E**  
**Associate Consultant**

**Emergency and Trauma care**  
Apollo Hospital, Seshadripuram

**Date: 31-5-2024**  
**Venue: Seminar Hall**  
**Time: 1:30PM-3 PM**

**Sri. U.M.Basavaraj**  
Hon. President, SJRES

**Sri. S. V. Rajendra Prasad**  
Hon. Vice-President, SJRES

**Sri. M. Kotreshappa**  
Hon. Vice-President, SJRES

**Sri Prabhudev Kalmath**  
Hon. Secretary, SJRES

**Sri Veerabhadraiah S R**  
Hon. Treasurer, SJRES &  
governing Council Chairman

**All are cordially invited**



**SJR COLLEGE FOR WOMEN**

**RAJAJINAGAR, BANGALORE-10**

**DEPARTMENT OF COMPUTER SCIENCE**

**Guest Lecture Report on “Industry 4.0 Technologies: Job Market Opportunities, Skills and Certifications”**

**Date : 24-November-2023**

**Host : Ananya S, III BCA**

**Welcome Address : Ananya S, III BCA**

**Guest Introduction : Keerthana M D, I BCA**

**Speaker/ Resource Person : Kashif Khan, Manager, Technical Consultant, Jetking**

**Vote of Thanks: Sneha B, I BCA**

**Organizing Team : Staffs of Department of Computer Science, SJRCW**

How Industry 4.0 technologies are changing in manufacturing?

Industry 4.0 is revolutionizing the way companies manufacture, improve and distribute their products. Manufacturers are integrating new technologies, including Internet of Things (IoT), cloud computing and analytics, AI and machine learning into their production facilities and throughout their operations.

These smart factories are equipped with advanced sensors, embedded software and robotics that collect and analyse data and allow for better decision making. Even higher value is created when data from production operations is combined with operational data from ERP, supply chain, customer service and other enterprise systems to create whole new levels of visibility and insight from previously siloed information.

These digital technologies lead to increased automation, predictive maintenance, self-optimization of process improvements and, above all, a new level of efficiencies and responsiveness to customers not previously possible.

The session was started with from steam to sensor: historical context for Industry 4.0.

**First industrial revolution**

Starting in the late 18th century in Britain, the first industrial revolution helped enable mass production by using water and steam power instead of purely human and animal power. Finished goods were built with machines rather than painstakingly produced by hand.

**Second industrial revolution**

A century later, the second industrial revolution introduced assembly lines and the use of oil, gas and electric power. These new power sources, along with more advanced communications via telephone and telegraph, brought mass production and some degree of automation to manufacturing processes.

**Third industrial revolution**

The third industrial revolution, which began in the middle of the 20th century, added computers, advanced telecommunications and data analysis to manufacturing processes. The digitization of factories began by embedding programmable logic controllers (PLCs) into machinery to help automate some processes and collect and share data.

#### Fourth industrial revolution

We are now in the fourth industrial revolution, also referred to as Industry 4.0. Characterized by increasing automation and the employment of smart machines and smart factories, informed data helps to produce goods more efficiently and productively across the value chain. Flexibility is improved so that manufacturers can better meet customer demands using mass customization—ultimately seeking to achieve efficiency with, in many cases, a lot size of one. By collecting more data from the factory floor and combining that with other enterprise operational data, a smart factory can achieve information transparency and better decisions.

### Technologies that Support Industry 4.0



Secondly, he explained about What technologies are driving Industry 4.0?

#### Internet of Things (IoT)

The Internet of Things (IoT) is a key component of smart factories. Machines on the factory floor are equipped with sensors that feature an IP address that allows the machines to connect with other web-enabled devices.

#### Cloud computing

Cloud computing is a cornerstone of any Industry 4.0 strategy. Full realization of smart manufacturing demands connectivity and integration of engineering, supply chain, production, sales and distribution, and service. Cloud helps make that possible.

#### AI and machine learning

AI and machine learning allow manufacturing companies to take full advantage of the volume of information generated not just on the factory floor, but across their business units, and even from partners and third-party sources. AI and machine learning can create insights providing visibility, predictability and automation of operations and business processes.

A slide titled "Cyber Security in Industry 4.0". The slide features a dark background with white and red text. At the top, it states: "The importance of cyber security in Industry 4.0 cannot be overstated. As more and more devices become connected through the Internet of Things (IoT), the risk of cyber attacks increases exponentially. This can have a devastating impact on businesses, with potential consequences including data breaches, financial losses, and reputational damage." Below this text are three images: a grid of padlocks (some red, some white), a person in a hoodie sitting at a computer with a green screen, and a shield with a blue and white design. The slide is divided into two columns. The left column is titled "The Risks of Cyber Attacks" and contains the text: "In Industry 4.0, cyber attacks can come from a variety of sources, including hackers, malware, and insider threats. These attacks can result in data theft, system shutdowns, and even physical damage to equipment. The costs of a cyber attack can be astronomical, with estimates ranging from \$200,000 to \$5 million per incident." The right column is titled "The Importance of Cyber Security" and contains the text: "To mitigate the risks of cyber attacks, it is essential for businesses to prioritize cyber security in their Industry 4.0 strategies. This includes implementing robust security measures such as firewalls, encryption, and access controls, as well as training employees on best practices for cyber security. By taking these steps, businesses can protect themselves from cyber threats and ensure the safety of their data and operations." At the bottom of the slide, there is a logo for "Ctrl+K".

Lastly, he briefed about the Job Market Opportunities on the above technologies.

### Job Market

The job market for Industry 4.0 is rapidly growing, with a projected CAGR of 16.9% from 2020 to 2025. This growth is due to the increasing demand for skilled professionals who can work with the latest technologies and drive innovation in the industry.

#### In-Demand Skills

- Cloud Computing
- Cyber Security
- IOT
- AI & ML
- Blockchain
- Robotics
- CPS



GPS Map Camera



Bengaluru, Karnataka, India  
1d, 59th C Cross Rd, IV 'M' Block, Rajajinagar, Bengaluru, Karnataka  
560010, India  
Lat 12.982355°  
Long 77.561214°  
24/11/23 02:33 PM GMT +05:30



GPS Map Camera



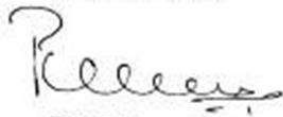
Bengaluru, Karnataka, India  
1d, 59th C Cross Rd, IV 'M' Block, Rajajinagar, Bengaluru, Karnataka  
560010, India  
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Long 77.561214°  
24/11/23 02:35 PM GMT +05:30



GPS Map Camera



Bengaluru, Karnataka, India  
1d, 59th C Cross Rd, IV 'M' Block, Rajajinagar, Bengaluru, Karnataka  
560010, India  
Lat 12.982307°  
Long 77.56137°  
24/11/23 02:39 PM GMT +05:30

  
Principal  
Principal  
S.J.R. College for Women  
Rajajinagar, Bangalore-10



Sri Jagadguru Renukacharya Education Society Regd. 1945

## SJR COLLEGE FOR WOMEN

#1/D,59th 'C' Cross, 4th 'M' Block, Rajajinagar, Bengaluru-10

ACCREDITED WITH "B++" GRADE BY NAAC



An IQAC Initiative

Department of Kannada

In Collaboration With

N Light Academy, Bengaluru

# ONE DAY WORKSHOP ON "HOW TO CRACK COMPETITIVE EXAMINATIONS"

## Resource Persons

### Session 1

**Miss. Shruthi S Hiremath**

Topic: Introduction to UPSC &  
other Competitive exam

N Light Academy

Timings: 11:00 to 12:30

### Session 2

**Sri. Srinivas Reddy**

Topic: How to succeed in UPSC  
Examination

N Light Academy

Timings: 1:00 to 3:00

Presided By

**Dr. Prema Siddaraju**

Principal, SJRCW

Time: 10:30 AM

Date: 18th July, 2023

Lunch Time: 12:30 to 1:00 PM

Venue: Smt.Lalithamma and Sri.Channabasappa Auditorium

All are Cordially Invited

Management, Principal, Staffs and Students



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## College for Women

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#1/O, 59<sup>th</sup> 'C' Cross, 4<sup>th</sup> 'M' Block, Rajajinagar, Bengaluru-560 010

Phone: 080-23381734, 23359474, E-mail: principal@sjrcw.edu.in,

Website: www.sjrcw.edu.in

Ref: SJRCW/12 / 2023-24

ದಿನಾಂಕ: 20.08.2023

**ಸ್ಪರ್ಧಾತ್ಮಕ ಪರೀಕ್ಷೆಗಳಲ್ಲಿ ಯಶಸ್ವಿಯಾಗುವುದು ಹೇಗೆ ?**

ಒಂದು ದಿನದ ಕಾರ್ಯಾಗಾರ

ನಮ್ಮ ಕಾಲೇಜಿನಲ್ಲಿ ದಿನಾಂಕ 18/08/2023 ರಂದು ವಿದ್ಯಾರ್ಥಿನಿಯರ ಅಭಿವೃದ್ಧಿ ಕಾರ್ಯಕ್ರಮದಡಿಯಲ್ಲಿ ಕನ್ನಡ ವಿಭಾಗ ಹಾಗೂ ಎನ್-ಲೈಟ್ ಅಕಾಡೆಮಿ ಸಹಯೋಗದೊಂದಿಗೆ ಸ್ಪರ್ಧಾತ್ಮಕ ಪರೀಕ್ಷೆಗಳಿಗೆ ಬೇಕಾದ ಸಿದ್ಧತೆ, ತಯಾರಿಯನ್ನು ಹೇಗೆ ಮಾಡಿಕೊಳ್ಳಬೇಕು ? ಆದರಲ್ಲಿ ಹೇಗೆ ಯಶಸ್ಸನ್ನು ಸಾಧಿಸಬೇಕು ? ಎಂಬುದಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ ಒಂದು ದಿನದ ಕಾರ್ಯಾಗಾರವನ್ನು ಏರ್ಪಡಿಸಲಾಗಿತ್ತು. ಕಾರ್ಯಾಗಾರದ ಸಂಪನ್ಮೂಲ ವ್ಯಕ್ತಿಗಳಾಗಿ ಎನ್-ಲೈಟ್ ಅಕಾಡೆಮಿಯ ವಿಷಯ ಪರಿಣಿತರಾದ ಕು. ಶೃತಿ ಹಾಗೂ ಶ್ರೀನಿವಾಸರೆಡ್ಡಿರವರು ಆಗಮಿಸಿದ್ದರು. ಮೊದಲ ಗೋಷ್ಠಿಯಲ್ಲಿ ಕು. ಶೃತಿ ರವರು ವಿದ್ಯಾರ್ಥಿನಿಯರಿಗೆ ಸ್ಪರ್ಧಾತ್ಮಕ ಪರೀಕ್ಷೆಗಳ ಕುರಿತು ಅನೇಕ ಪ್ರಾಥಮಿಕ ಮಾಹಿತಿಗಳನ್ನು ನೀಡಿದರು. ದೇಶದ ಉನ್ನತ ಸರ್ಕಾರಿ ಹುದ್ದೆಗಳಿಗೆ ನೇಮಕಾತಿ ಆದರೆ ಏನೆಲ್ಲಾ ಸೌಲಭ್ಯಗಳು ಹಾಗೂ ಸೇವೆಯನ್ನು ಮಾಡುವ ಅವಕಾಶಗಳಿರುತ್ತವೆ ಎಂಬುದನ್ನು ಪವರ್ ಪಾಯಿಂಟ್ ಪ್ರಾತ್ಯಕ್ಷಿಕೆ ಮೂಲಕ ಸವಿಸ್ತಾರವಾಗಿ ವಿದ್ಯಾರ್ಥಿನಿಯರಿಗೆ ತಿಳಿಸಿದರು. ಈ ಮೂಲಕ ಅವರನ್ನು ಅಭದ್ರತೆಯಿಂದ ಭದ್ರತೆಯೆಡೆಗೆ ಕೊಂಡೊಯ್ಯುವ ಸರ್ಕಾರಿ ಕೆಲಸ ಪಡೆಯಬೇಕಾದರೆ ಸಾಕಷ್ಟು ಪರಿಶ್ರಮ ಇರಬೇಕಾಗುತ್ತದೆ. ಸ್ಪರ್ಧಾತ್ಮಕ ಪರೀಕ್ಷೆ ತೆಗೆದುಕೊಳ್ಳಬೇಕಾದರೆ ಎಲ್ಲಾ ಓದಬೇಕು ಎಂದು ಅನೇಕರಲ್ಲಿ ತಪ್ಪುಕಲ್ಪನೆಗಳಿವೆ. ನಿರ್ದಿಷ್ಟವಾದ ಪಠ್ಯಕ್ರಮ ಹಾಗೂ ನಿರ್ದಿಷ್ಟವಾದ ಪತ್ರಿಕೆಗಳಿರುತ್ತವೆ ಎಂದು ಹಲವಾರು ಮಹತ್ವದ ವಿಚಾರಗಳನ್ನು ಅವರು ತಿಳಿಸಿದರು. ಇವರು ಈ ಕುರಿತು ವಿದ್ಯಾರ್ಥಿನಿಯರೊಂದಿಗೆ ಸುದೀರ್ಘ ಸಂವಾದ ನಡೆಸಿ ವಿದ್ಯಾರ್ಥಿನಿಯರ ಸಂಶಯಗಳಿಗೆ ಉತ್ತರಿಸಿದರು.

ಎರಡನೆಯ ಗೋಷ್ಠಿಯಲ್ಲಿ ಸಂಪನ್ಮೂಲ ವ್ಯಕ್ತಿಗಳಾದ ಶ್ರೀನಿವಾಸರೆಡ್ಡಿರವರು ಎಲ್ಲಾ ಸ್ಪರ್ಧಾತ್ಮಕ ಪರೀಕ್ಷೆಗಳಲ್ಲಿ ಸಾಮಾನ್ಯವಾಗಿ ಬರುವ ಮಾನಸಿಕ ಸಾಮರ್ಥ್ಯ, ವಿಜ್ಞಾನ ಹಾಗೂ ತಂತ್ರಜ್ಞಾನ ಕುರಿತು ಅನೇಕ ವಿಚಾರಗಳನ್ನು ಕುರಿತು ವಿದ್ಯಾರ್ಥಿನಿಯರೊಂದಿಗೆ ಸಂವಾದ ನಡೆಸಿದರು.



Shot on OnePlus x Hasselblad



Shot on OnePlus x Hasselblad

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Principal  
Principal  
S.J.R. College for Women  
Rajajinagar, Bangalore-10



# SJR

Sri Jagadguru Renukacharya Education Society™

ಶ್ರೀ ಜಗದ್ಗುರು ರೆನುಕಾಚಾರ್ಯ ಸಂಸ್ಥೆ

College for Women

(Affiliated to Bangalore Central University & Accredited with 'A' Grade by NAAC)  
#11D, 99<sup>th</sup> C Cross, 4<sup>th</sup> M Block, Rajajinagar, Bengaluru 560 010.  
Phone: 080-23381734, 23359474, E-mail: principal@sjrow.edu.in,  
Website: www.sjrow.edu.in

Ref No.SJRCW/ 89 /2024-25

Date: 06-05-2024

## Report: One-day Workshop on Designs-n-Concepts: Do it yourself

**Date:** 29th April 2024, Monday @ 10:00 AM

**Venue:** MCom-1

**Resource Person:** SARMISTHA SAHU, Retired Associate Professor of Physics,  
Coordinator, IAPT Anveshika.

**Participants:** 38 UG students & 5 teachers

The Department of Physics, SJR College for Women, in association with the Indian Association of Physics Teachers - RC12A, organized a one-day workshop titled **Designs-n-Concepts: Do it yourself** on 29th April 2024. The workshop aimed to provide participants with practical insights into two intriguing topics: Solid Angles and Do It Yourself Toys.

### Objective of the Workshop:

The primary objective of the workshop was to equip undergraduate students with practical skills in design and conceptualisation through hands-on activities and interactive sessions. By fostering a do-it-yourself approach, participants will gain confidence in exploring their creativity.

### Workshop Sessions:

The workshop was held in two sessions, focusing on the topics:

#### Session 1: Solid Angles (10:00 AM - 12:00 PM)

The first session was on the concept of solid angles, covering theoretical aspects and practical applications. Participants engaged in interactive discussions and hands-on activities with the models prepared and brought by the resource person to deepen their understanding of solid angles and their relevance in physics.

  
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Rajajinagar, Bengaluru-10



## Session 2: Toys - Do It Yourself (12:30 PM to 2:30 PM)

In the second session, participants explored the world of DIY toy design and construction. They were provided with materials and guidance to create their own toys like flying paper helicopter, balloon baby using steel ball, Paper somersault, fostering creativity and innovation. Participants gained practical experience in applying physics principles to design and build functional toys, promoting a deeper appreciation for the underlying Physics.

### Outcome of the Workshop:

The workshop proved to be a resounding success, achieving its objectives of promoting hands-on learning and fostering creativity among participants. Students and teachers expressed enthusiasm and satisfaction with the interactive sessions and practical activities. Participants gained valuable insights into solid angles and toy design.

**Conclusion:** The "Designs-n-Concepts: Do it yourself" workshop provided participants with a unique opportunity to explore innovative concepts in physics and engage in hands-on learning. **The success of the workshop underscores the importance of experiential learning in fostering a deeper understanding of scientific principles and promoting creativity in the field of physics.**

### Acknowledgment:

The Department of Physics, SJR College for Women extends heartfelt gratitude to the Indian Association of Physics Teachers - RC12A for their support and collaboration in organizing this enriching workshop. Their contributions were instrumental in making the event a memorable and impactful experience for all participants.



Head of the Department

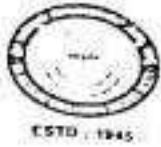
Dr. Manjula S.N



Principal  
Principal  
SJR College for Women  
Rajajinagar, Bengaluru-10



*Reena*  
 Principal  
 S.J.R. College for Women  
 Rajajinagar, Bangalore-10



# SJR

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## College for Women

(Affiliated to Bangalore Central University & Accredited with 'A' Grade by NAAC)

#1/D, 59<sup>th</sup> C Cross, 4<sup>th</sup> M Block, Rajajinagar, Bengaluru-560 010.

Phone: 080-23381734, 23359474. E-mail: principal@sjrcw.edu.in

Website: www.sjrcw.edu.in

Ref: SJRCW/CIR/76/2023-24

Date: 05.10.2023

### CIRCULAR

#### Entrepreneurship Development Cell - Unnati

Under the auspicious of Entrepreneurship Development Cell - Unnati is conducting **Basic Beautician course**. Students those who are interested can enroll your names on or before 6/10/2023.

Classes will be commencing from 11/10/2023 at 1:45pm.

For more details contact Ranjitha S from commerce department.

NOTE - min. fee will be charged.

*[Signature]*  
Chairperson

*[Signature]*  
Principal  
5/10/2023  
S.J.R. College for Women  
Rajajinagar, Bangalore-10

I BCom1	<i>[Signature]</i> 5/10/23 MS 5/10/23
I BCom2	<i>[Signature]</i> 5/10/23 MS 5/10/23
II BCom1	<i>[Signature]</i> 5/10/23
II BCom2	<i>[Signature]</i> 5/10/23
III BCom1	<i>[Signature]</i> 5/10/23
III BCom2	<i>[Signature]</i> 5/10/2023
I BBA	<i>[Signature]</i> 5/10/23 MS 5/10/23
II BBA	<i>[Signature]</i> 5/10/23
III BBA	<i>[Signature]</i> 5/10/23



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81/2, 59<sup>th</sup> 'C' Cross, 4<sup>th</sup> 'M' Block, Rajajinagar, Bangalore-560 010

Phone: 080-23301734, 23359474, E-mail: principal@sjrnow.edu.in

Website: www.sjrnow.edu.in

Ref: SJRCW/714 / 2023-24

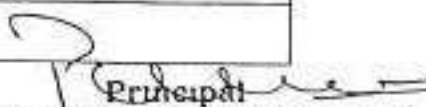
Date: 08.01.2024

### Entrepreneurship Development Cell- Unnati

Under the auspicious of Entrepreneurship Development Cell - Unnati, has conducted 15 days of Certificate Beauty make up class for the B.Com students by the certified Makeup Artist Ms.Sushma S, The makeup training classes ahs started from 11/10/2023 to 28/12/2023

#### Details of the course as follows

Sl.no	Date	Topics covered
1	11/10/2023	Introduction on Basic make terms will be used.
2	12/10/2023	Eyebrow shape style with eye shadows
3	25/10/2023	Hands on practice for eye makeup - Eye shadow
4	26/10/2023	Mehandi class
5	27/10/2023	Self makeup class
6	02/11/2023	Party look with hair style
7	04/12/2023	Sarry draping
8	06/12/2023	Hands on practice for self makeup
9	07/12/2023	Bridal makeup class
10	08/12/2023	Blending Techniques
11	12/12/2023	Hands on practice for bridal makeup
12	13/12/2023	Hair straightening, curly hair designs
13	15/12/2023	Self makeover by students
14	16/12/2023	Hands on practice
15	28/12/2023	Makeup Exam

  
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Rajajinagar, Bangalore-10

## Hair style



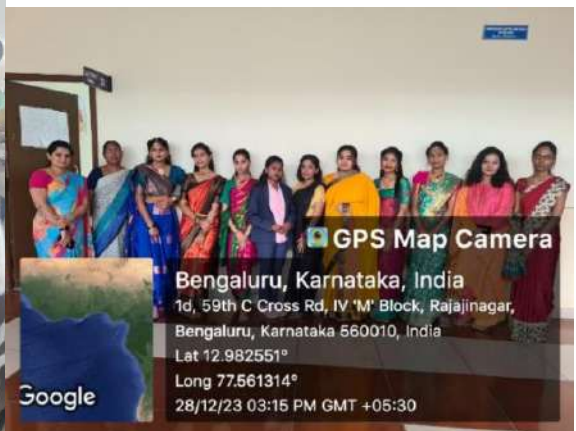
## Eye Makeup



## Self makeup



Mehandi Class



*[Handwritten Signature]*  
CHAIRPERSON

*[Handwritten Signature]*  
PRINCIPAL  
S.J.R. College for Women  
Rajajinagar, Bangalore-10

Sri Jagadguru Renukacharya Education Society Estd. 1945



## **SJR COLLEGE FOR WOMEN**

RAJAJINAGAR, BENGALURU

Accredited with 'B++' Grade by NAAC

**WOMEN EMPOWERMENT CELL**

organises

An Awareness talk on

"Women Health & Personal Hygiene

In Association with Apollo Hospital, Sheshadripuram, Bengaluru  
And Followed by Health Checkup Camp for Staffs and General Public

An IQAC Initiative

**Health Camp-tests includes**

-Weight, Height, BP, Random Blood Sugar, Pulse,  
Doctor Consultant, ECG if advised by Doctor

**Resource Person**

**Dr. Sahana K P**

Consultant, Obstetrics & Gynaecology, Apollo  
Hospital, Sheshadripuram, Bengaluru.

**Presided by**

**Dr. Prema Siddaraju**  
Principal, SJRCW

**In the Presence of**

**Prof. Kalpana.T.S**  
Principal, SJRPUCW

**Ms. Kavitha B V**  
Chairperson, Women  
Empowerment Cell, SJRCW

**Guest of Honour**

**Sri. U.M. Basavaraj**  
Hon. President, SJRES

**Sri. M. Kotreshappa**  
Hon. Vice-President, SJRES

**Sri. S.V. Rajendra Prasad**  
Hon. Vice-President, SJRES

**Sri. Prabhudev Kalmath**  
Hon. Secretary, SJRES

**Sri. Veerabhadraiah. S.R**  
Hon. Treasurer, SJRES &  
Governing Council Chairman

**Date : 11/03/2024(Monday)**

**Time: 10:30AM**

**Venue: Smt. Lalithamma & Chennabassappa Auditorium**

**All are Cordially Invited**

**Principal, Committe Members, Student Volunteers, Staffs & Students**

## Women Empowerment Cell-Dhwani

### Report on An Awareness Talk on Women Health and Personal Hygiene and Health Check-up camp

**Date:** 11/03/2024

**Time:** 10.00 am

**Venue:** Smt. Lalithamma & Chennabasappa auditorium

**Resource Person:** Dr. Sahana K P, consultant, obstetrics & Gynecology, Apollo hospital, Sheshadripuram, Bengaluru.

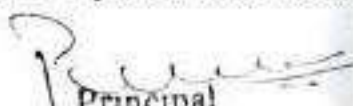
**No of Participants:** 54

Sri Jagadguru Renukacharya College for Women under Women Empowerment Cell-Dhwani has organized an awareness talk on "Women Health & Personal Hygiene" followed by a health camp in association with Apollo Hospital, Sheshadripuram, Bengaluru on 11/03/2024. The program was organized at Smt. Lalithamma & Chennabasappa auditorium at 10.00 am. Dr. Sahana K P, consultant, obstetrics & Gynecology, Apollo hospital, Sheshadripuram, Bengaluru.

Kavitha B V, Asst. Professor was the host for the programme. The programme was started with invocation song by M.Com students. Welcome and Guest introduction was done by Ms. Samrin A R, Asst. Professor.

Later the session was taken over by Resource person Dr. Sahana K P. the speaker firstly gave the introduction of health and importance of women health in related to menstrual disorders, menstrual hygiene, PMS and menopause and cancer awareness. She also focused on factors that causes PCOS and premenstrual syndrome. She highlighted on perimenopause and its symptoms, along with two levels of treatment. She highlighted on hoe to stay healthy during and after menopause.

Second part was focused on cancer awareness and prevention towards breast cancer and cervical cancer. The two test for detecting breast cancer and cervical cancer PAP SMEAR and mammogram. The vaccination to prevent cervical cancer was advised by the doctor in the age group of 9-14 Years two doses and 15-45 years 3 doses called

  
Principal  
S.J.R. College for Women  
Itajaj Nagar, Bangalore-16

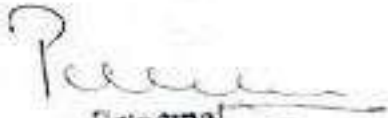


Gardasil. She explained 6 steps for performing breast self-examination and low to moderate risk of breast cancer.

The hygienic menstruation for health and dignity was also focused including how to prevent infection, to reduce odors and stay comfortable during menstruation. At last she concluded understand concept of health and its parameters, identify abnormal symptoms - physical/ mental/get regular health checks from your doctor, vaccinate yourself, be aware of menstrual hygiene and use products wisely, healthy diet- healthy lifestyle, use social media wisely- don't get influenced by it, stay active- body, mind and soul and opened for discussion.

The programme was presided by Dr. Prema Siddaraju, Principal, SJR College for women, followed by Vote of thanks by Ms. Vidyashree C, Asst. Professor.

The health check-up camp was also organized for college Staff, students and public. A team of three nurses and one doctor along with a supervisor were assigned with the respective duties. Health checkup was containing weight, height, BP, Random Blood Sugar, Pulse followed by doctor consultation. ECG was also done on the advice of doctor. Nearly 54 members benefited from the camp. The health camp was successfully ended at 2.00 pm under the guidance of Dr. Prema siddaraju, Principal, Ms. Kavitha B V, Chairperson, Women Empowerment Cell- Dhvani and committee members.

  
Principal  
S.J.R. College for Women  
Hajal Nagar, Bangalore-11

## Women Empowerment Cell-Dhwani

### Report on An Awareness Talk on Women Health and Personal Hygiene and Health Check-up camp

Date: 11/03/2024

Time: 10.00 am

Venue: Smt. Lalithamma & Chennabasappa auditorium

Resource Person: Dr. Sahana K P, consultant, obstetrics & Gynecology, Apollo hospital, Sheshadripuram, Bengaluru.

No of Participants: 54

#### Few Glimpse



**Session Inauguration**

Principal  
S.J.R. College for Women  
Rajajinagar, Bangalore-10



*Reena*  
 Principal  
 S.J.R. College for Women  
 Rajajinagar, Bangalore-10

# Report on Faculty Development Program

**Event Title:** Faculty Development Programme on "Role of Teachers in 21st Century Higher Education"

**Organised By:** IQAC, S.J.R. College for Women

**Date:** June 30, 2023

**Venue:** Smt. LalithammaChennabasappa Auditorium, SJR College for Women, Rajajinagar, Bengaluru

## **Program Highlights:**

The Faculty Development Programme was a successful initiative organized by SJRCW. The event aimed to equip faculty members with the necessary skills and knowledge to excel in the 21st-century higher education landscape.

- **Inauguration:** The program was inaugurated by Dr. Gomathi Devi L, Vice Chancellor, Maharani Cluster University, who emphasized the critical role of teachers in shaping the future of higher education.
- **Session 1: Higher Education in the 21st Century**
  - Prof. G. Vijaya Kumari, Former Principal and Co-ordinator, Vijaya Teachers College, delivered an insightful session on the evolving landscape of higher education and the challenges and opportunities faced by educators.
- **Session 2: Emotional Intelligence for Teachers**
  - This session focused on the importance of emotional intelligence for teachers and explored strategies for developing and enhancing emotional intelligence skills.
- **Valedictory Session:**
  - The program concluded with a valedictory session, where feedback from participants was collected, and certificates were distributed.

## **Overall Impact:**

The Faculty Development Programme was well-received by the participants, who appreciated the opportunity to learn from experienced educators and network with colleagues. The program achieved its objectives of:

- Enhancing faculty members' knowledge and skills.
- Promoting professional development and growth.
- Inspiring innovative teaching practices.
- Fostering a collaborative learning environment.

Total Number of participants: 35





*P. S. S.*

SJR College for Women  
Rajajinagar, Bengaluru

## SIR COLLEGE FOR WOMEN

**WOMEN EMPOWERMENT CELL****“DHWANI”**

Women Empowerment cell organised a seminar on "Women and Mental Health" in association with Mahila Dakshtha Samithi . The guest speaker for the programme was Ms Srividya R N, Project co-ordinator, , life skills training and counseling service progamme NIMHANS. The programme was presided by Dr Prema siddaraju, principal SJRCW in presence of Ms. Jyothi Bhandari, General secretary mahila Daksahata Samiti, karnataka.

The programme started at 11.30 am in the college auditorium, with an invocation song . Mrs Jyothi Bhandari spoke on the importance of Women empowerment and gave a brief overview about the program. She emphasized and gave a brief account on all india organization called Dakshata mahila Samiti, which was started in 1976 by few women like Mrs Suman Krishnakanth the Ex Vice president of India along with many pioneer women susheela Nair and many more , during the times when India witnessed a lot of Dowry deaths, so to deal with this issues this Samiti was set up all over India. Their to main aim was to deal with women issues like dowry, harassment etc . In 1991 Ms Sharanya Hegde started and worked diligently to uplift women and welfare was their main aim. Lot of initiative efforts were put up to start the Mahila Dakshata samiti in Karnataka.

To begin with they adopted a school, where the Quality of education was given importance. Then a family counseling center where distrused women shared their thoughts and problems was opened. In 2004 they started a centre for women, where it provided a short stay to distressed women and helped these women to take right decision about there future. The main aim was to reunite them with their families, to rehabilitate them, to build their self esteem, to re-establish their confidence , general Care and over all development by providing scholarships to 500 children who belong to economic backward section was provided along with gender sensitizing.

In 2004, they started a centre for women where the women could stay with them for 3 years till their problems got resolved.. The main aim was women empowerment. Family counseling where women could share their thoughts and problems were set up.. Awareness of good touch and bad touch to girls were taught.

Then the guest speaker of the day Ms Sri vidya took over. She was graduated from Mount carmel with a 2nd rank and best student award in Psychology. Presently working as a Project coordinator in Nimhans.

She spoke about mental health, its benefits etc. She said Depression, Anxiety, Anger issues, Pressure, frustration, stress were all related to mental health. She spoke about

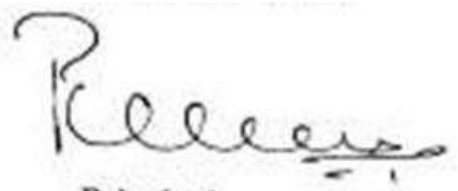
Healthy mind , positive mind and mental Awareness on 5 things like what you are?, where you are? The time, role and major decisions to concentrate on one self, give time to ourselves.

Madam conducted an activity to students to make them aware of their own self like their thoughts, as a student, as daughter, sister, neighbor, their qualities, strengths lots of ups and down, issues with the family etc. She gave them time to talk about themselves and express all about them and their thinking .FINALLY she wined up giving information about how important the mental health was for a women and her contribution towards the society. She gave information that every district had a counseling centre free of cost in stadiums to provide and promote mental health for women.

The function was presided by Dr Prema Siddaraju, principal,SJRCW who spoke and gave lot of valid information about how women's role is very important to develop the country as well as for a peaceful family and society.





  
Principal  
Principal  
S.J.R. College for Women  
Rajajinagar, Bangalore-10





## ಕಾಲೇಜು ಕನ್ನಡ ಅಧ್ಯಾಪಕರ ಸಂಘ

ಸಹಯೋಗದೊಂದಿಗೆ

### ವಿಶೇಷ ಉಪನ್ಯಾಸ

ಮತ್ತು 2020 ರಿಂದ 2023ರ ಅವಧಿಯ

## ನಿವೃತ್ತ ಕನ್ನಡ ಅಧ್ಯಾಪಕರಿಗೆ ಹಾಗೂ

## ಪಿಎಚ್.ಡಿ. ಪದವಿ ಪುರಸ್ಕೃತರಿಗೆ ಗೌರವ ಸಮರ್ಪಣೆ

- ವಿಶೇಷ ಉಪನ್ಯಾಸ : 'ಪದವಿ ಭಾಷಾ ಪಠ್ಯ ಮತ್ತು ಸವಾಲುಗಳು'  
\* ಡಾ. ಬಸವರಾಜ ಕಲ್ಲುಡಿ ಪ್ರಾತ ವಿಮರ್ಶಕರು, ನಿವೃತ್ತ ಪ್ರಾಧ್ಯಾಪಕರು, ಬೆಂ.ವಿ.ವಿ.
- ಮುಖ್ಯ ಅತಿಥಿಗಳು : ಡಾ. ಲೋಕೇಶ ವಿ. ಕುಲಸಚಿವರು, ಮೌಲ್ಯಮಾಪನ, ಬೆಂ.ವಿ.ವಿ.  
: ಶ್ರೀ ಪುಟ್ಟಣ್ಣ ಮಾಜಿ ಉಪಸಭಾಪತಿಗಳು, ಮಾಜಿ ವಿಧಾನ ಪರಿಷತ್ ಸದಸ್ಯರು.
- ಗೌರವ ಉಪಸ್ಥಿತಿ : ಶ್ರೀ ಪ್ರಭುದೇವ ಕಲ್ಮಠ, ಕಾರ್ಯದರ್ಶಿಗಳು, ಎಸ್.ಜಿ.ಆರ್.ಇ.ಎಸ್. ಬೆಂಗಳೂರು.
- ಅಧ್ಯಕ್ಷತೆ : ಡಾ. ಬೆಳಕೆರೆ ಲಿಂಗರಾಜಯ್ಯ, ಪ್ರಾಚಾರ್ಯರು, ವಿವೇಕಾನಂದ ಪದವಿ ಕಾಲೇಜು, ಅಧ್ಯಕ್ಷರು, ಬೆಂಗಳೂರು ನಗರ ವಿ.ವಿ ಕನ್ನಡ ಅಧ್ಯಾಪಕರ ಸಂಘ.
- ಪ್ರಾಸ್ತಾವಿಕ ನುಡಿ : ಡಾ. ಪ್ರೇಮ ಸಿದ್ಧರಾಜು, ಪ್ರಾಚಾರ್ಯರು, ಎಸ್.ಜಿ.ಆರ್ ಮಹಿಳಾ ಪದವಿ ಕಾಲೇಜು, ಮುಖ್ಯ ಸಂಯೋಜನಾಧಿಕಾರಿಗಳು ಭಾಷಾ ಮೌಲ್ಯಮಾಪನ ಬೆಂ.ವಿ.ವಿ.
- ಸ್ಥಳ : ಎಸ್.ಜಿ.ಆರ್ ಮಹಿಳಾ ಪದವಿ ಕಾಲೇಜು ಸಭಾಂಗಣ  
ದಿನಾಂಕ : 23.09.2023 ಶನಿವಾರ, ಸಮಯ : ಬೆಳಿಗ್ಗೆ 10.30 ಗಂಟೆಗೆ

### 'ತಮಗೆ ಆತ್ಮೀಯ ಸ್ವಾಗತ'

- \* ಬೆಂಗಳೂರು ನಗರ ಬಿಲ್ಡಿಂಗ್ಸ್‌ನಲ್ಲಿ ಕಾಲೇಜು ಕನ್ನಡ ಅಧ್ಯಾಪಕರ ಸಂಘ
- \* ಎಸ್ ಜಿ ಆರ್ ಮಹಿಳಾ ಪದವಿ ಕಾಲೇಜು ರಾಜಾಜಿನಗರ ಬೆಂಗಳೂರು.
- \* ಭಾಷಾ ಪರಿಷ್ಕೇಗಳ ಆರ್.ಬಿ.ಬಿ ಅಧ್ಯಕ್ಷರುಗಳು

- ಕನ್ನಡ : ಡಾ. ಸುವರ್ಣ ಎಸ್ ಹುಡೇದ್  
ಇಂಗ್ಲಿಷ್ : ಡಾ. ಸುದರ್ಶನ್ ಕುಮಾರ್  
ಹಿಂದಿ : ಡಾ. ವಿನಯ್‌ಕುಮಾರ್ ಯಾದವ್  
ಸಂಸ್ಕೃತ : ಡಾ. ಸೆಲ್ವಪ್ಪ  
ತಮಿಳು ಮತ್ತು ಮಲಯಾಳಂ : ಶ್ರೀಮತಿ ಮಿತ್ರಾ ಕೆ.ಎಸ್.  
ತೆಲುಗು : ಪ್ರೊ ಕೆ. ಆಶಾಜ್ಯೋತಿ  
ಉರ್ದು : ಡಾ. ಫಜೀಹಾ ಸುಲ್ತಾನಾ  
ವಿದೇಶಿ ಭಾಷೆಗಳು : ಡಾ. ಜ್ಯೋತಿ ವೆಂಕಟೇಶ್

ಎಸ್ ಜೆ ಆರ್ ಮಹಿಳಾ ಕಾಲೇಜು

ಹಾಗೂ

ಬೆಂಗಳೂರು ನಗರ ವಿಶ್ವವಿದ್ಯಾಲಯದ ಕನ್ನಡ ಅಧ್ಯಾಪಕರ ಸಂಘ

ನಿವೃತ್ತ ಕನ್ನಡ ಅಧ್ಯಾಪಕರಿಗೆ (2020ರಿಂದ 2023ರವರೆಗೆ)

ಹಾಗೂ

ಪಿಎಚ್.ಡಿ ಪದವಿ ಪುರಸ್ಕೃತರಿಗೆ ಗೌರವ ಸಮರ್ಪಣೆ

ನಮ್ಮ ಎಸ್ ಜೆ ಆರ್ ಮಹಿಳಾ ಕಾಲೇಜು ಹಾಗೂ ಬೆಂಗಳೂರು ನಗರ ವಿಶ್ವವಿದ್ಯಾಲಯದ ಕನ್ನಡ ಅಧ್ಯಾಪಕರ ಸಂಘದ ಸಹಯೋಗದಲ್ಲಿ ದಿನಾಂಕ:23/09/2023ರಂದು ವಿಶೇಷ ಉಪನ್ಯಾಸವನ್ನು ಏರ್ಪಡಿಸಲಾಗಿತ್ತು. ಇದೇ ಸಂದರ್ಭದಲ್ಲಿ ನಿವೃತ್ತ ಕನ್ನಡ ಅಧ್ಯಾಪಕರಿಗೆ (2020ರಿಂದ 2023ರವರೆಗೆ) ಹಾಗೂ ಪಿಎಚ್.ಡಿ ಪದವಿ ಪುರಸ್ಕೃತರಿಗೆ ಗೌರವ ಸಮರ್ಪಣೆ ಸಲ್ಲಿಸುವ ಕಾರ್ಯಕ್ರಮವನ್ನು ಹಮ್ಮಿಕೊಳ್ಳಲಾಗಿತ್ತು. ಈ ಕಾರ್ಯಕ್ರಮದ ಪ್ರಾಸ್ತಾವಿಕ ನುಡಿಗಳನ್ನು ಎಸ್ ಜೆ ಆರ್ ಮಹಿಳಾ ಪದವಿ ಕಾಲೇಜಿನ ಪ್ರಾಂಶುಪಾಲರಾದ ಡಾ.ಪ್ರೇಮ ಸಿದ್ದರಾಜು ಅವರು ಇಡೀ ಕಾರ್ಯಕ್ರಮದ ರೂಪುರೇಷೆಯ ಕುರಿತು ಮಾತನಾಡುತ್ತಾ, ನೂತನ ಶಿಕ್ಷಣ ನೀತಿಯ ಸಾಧಕ ಬಾಧಕಗಳ ಬಗ್ಗೆ ಎಚ್ಚರಿಸಿದರು. ಭವಿಷ್ಯದಲ್ಲಿ ಶಿಕ್ಷಣ ವ್ಯವಸ್ಥೆಯ ಜೊತೆಗೆ ಭಾಷೆಯ ಅಸ್ತಿತ್ವದ ಬಗೆಗೆ ಚರ್ಚಿಸಿದರು. ಮುಖ್ಯವಾಗಿ ವಿಜ್ಞಾನ-ತಂತ್ರಜ್ಞಾನ ಹೆಚ್ಚಾಗಿರುವ ಇಂದಿನ ದಿನಮಾನಗಳಲ್ಲಿ ಪ್ರಾದೇಶಿಕ ಭಾಷೆಗಳ ಉಳಿವಿಗಾಗಿ ಪ್ರಾಧ್ಯಾಪಕರುಗಳು ವಹಿಸಬೇಕಾಗಿರುವ ಎಚ್ಚರಿಕೆಯ ಕ್ರಮಗಳ ಕುರಿತಾಗಿ ತಿಳಿಸಿದರು.

ಈ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ವಿಶೇಷ ಉಪನ್ಯಾಸ ನೀಡಲು ಆಗಮಿಸಿದ್ದ ಡಾ.ಬಸವರಾಜ ಕಲ್ಲುಡಿ, ಖ್ಯಾತ ವಿಮರ್ಶಕರು, ನಿವೃತ್ತ ಪ್ರಾಧ್ಯಾಪಕರು, ಬೆಂಗಳೂರು ವಿಶ್ವವಿದ್ಯಾಲಯ ಇವರು "ಪದವಿ ಭಾಷಾ ಪಠ್ಯ ಮತ್ತು ಸವಾಲುಗಳು" ಎಂಬ ವಿಷಯವನ್ನು ಕುರಿತು ಪ್ರಾಧ್ಯಾಪಕರುಗಳನ್ನು ಉದ್ದೇಶಿಸಿ ಮಾತನಾಡುತ್ತಾ ಹಳೆಯ ತಲೆಮಾರಿನಲ್ಲಿ ಪಠ್ಯ ಕೇಂದ್ರಿತವಾಗಿದ್ದ ಆಲೋಚನೆಗಳನ್ನು 15 ವರ್ಷಗಳ ನಂತರ ಅಂದರೆ ಈ ತಲೆಮಾರಿನಲ್ಲಿ

ಪಠ್ಯಗಳಾಚೆಗೆ ಆಲೋಚನೆ ಮಾಡುವ ಕ್ರಮವನ್ನು ಗೋವಿನ ಹಾಡು, ಕೆ.ಎಸ್.ನರಸಿಂಹಸ್ವಾಮಿ ಅವರ ಮೈಸೂರು ಮಲ್ಲಿಗೆ, ದೇವನೂರ ಮಹಾದೇವರ ಕುಸುಮಬಾಲೆ, ಪಂಪನ ಆದಿಪುರಾಣ, ವಚನ ಸಾಹಿತ್ಯವನ್ನು ಉದಾಹರಣೆಗೆ ಎತ್ತಿಕೊಂಡು ತಿಳಿಸಿದರು. ಪ್ರಮುಖವಾಗಿ ಒಂದು ಪಠ್ಯವನ್ನು ಹಲವು ಆಯಾಮಗಳಿಂದ ಚಿಂತಿಸಬೇಕಾದ ವಿಧಾನಗಳ ಜೊತೆಗೆ ಪ್ರಾಧ್ಯಾಪಕರುಗಳಾದವರು ಕಾವ್ಯಗಳು, ಪಠ್ಯಗಳು, ಕವಿತೆಗಳಲ್ಲಿ ಕೇವಲ ಭಾವಾರ್ಥವನ್ನು ನೋಡದೆ ಅಲ್ಲಿ ಕವಿಯ ಭಾಷೆಯನ್ನು ಹೆಚ್ಚಾಗಿ ಗಮನಿಸಿದಾಗ ದೊರೆಯುವ ವಸ್ತು ಮಹತ್ವದ್ದಾಗಿರುತ್ತದೆ ಎಂದರು. ಅಧ್ಯಾಪಕರು ಒಂದು ಪಠ್ಯವನ್ನು ಬೋಧಿಸುವಾಗ ಅದರ ಭೂತ ಮತ್ತು ವರ್ತಮಾನಗಳ ನಡುವಿನ ವ್ಯತ್ಯಾಸವನ್ನು ಗುರುತಿಸಬೇಕಾಗುತ್ತದೆ ಎಂದು ತಿಳಿಸಿದರು. ಅಧ್ಯಾಪಕರಾದವರ ಬೋಧನಾ ವಿಧಾನಕ್ಕೆ ಪೂರಕವಾಗಿರುವಂಥ ಅನೇಕ ಮಹತ್ವದ ಸಂಗತಿಗಳನ್ನು ಈ ಸಂದರ್ಭದಲ್ಲಿ ಚರ್ಚಿಸಿದರು.

ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ಮಖ್ಯ ಅತಿಥಿಗಳಾಗಿ ಆಗಮಿಸಿದ್ದಂಥ ಡಾ.ಲೋಕೇಶ ವಿ, ಕುಲಸಚಿವರು, ಮೌಲ್ಯಮಾಪನ, ಬೆಂಗಳೂರು ನಗರ ವಿಶ್ವವಿದ್ಯಾಲಯ ಇವರು ಪರೀಕ್ಷಾ ಮೌಲ್ಯಮಾಪನದ ಬಗ್ಗೆ ತಿಳಿಸುತ್ತಾ, ಇದಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ ಅಧ್ಯಾಪಕರುಗಳು ವ್ಯವಸ್ಥಿತ ಚೌಕಟ್ಟಿನಡಿಯಲ್ಲಿ ತಮ್ಮ ಕರ್ತವ್ಯ ನಿರ್ವಹಿಸಬೇಕಾಗುತ್ತದೆ ಎಂದರು. ಹಾಗೆಯೇ, ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಪಾಲ್ಗೊಂಡಿದ್ದ ಶ್ರೀ ಪುಟ್ಟಣ್ಣ, ಮಾಜಿ ವಿಧಾನ ಪರಿಷತ್ ಸದಸ್ಯರು, ಇವರು ಶಿಕ್ಷಕರ ಕರ್ತವ್ಯದ ಬಗ್ಗೆ ಸಂಕ್ಷಿಪ್ತವಾಗಿ ತಿಳಿಸಿದರು. ಈ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ನಿವೃತ್ತರಾಗಿ ಗೌರವ ಸ್ವೀಕರಿಸಿದ ಡಾ. ಶೀಲಾಮಳಿಮಠ ಅವರು ಕನ್ನಡ ಸಂವೇದನೆಯ ಉಳಿಕೆಯ ಬಗ್ಗೆ ಚರ್ಚಿಸುತ್ತಾ ಕಾರ್ಯಕ್ರಮದ ಆಯೋಜನೆ ಹಾಗೂ ಅಧ್ಯಾಪಕರ ಕೌಶಲ್ಯಗಳ ಬಗ್ಗೆ ತಿಳಿಸಿದರು. ಅದರಂತೆ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಭಾಗಿಯಾಗಿದ್ದ ಡಾ. ಸುವರ್ಣ ಹುಡೇದ, ಅಧ್ಯಕ್ಷರು, ಮೌಲ್ಯಮಾಪನ ಮಂಡಳಿ (ಬಿಓಇ), ಅವರು ಶಿಕ್ಷಣ, ಸಂಬಂಧ, ಸಾಧನೆ ಇವುಗಳನ್ನು ಸಂಪಾದಿಸುವ ಕುರಿತಾಗಿ ಕಿವಿಮಾತು ಹೇಳಿದರು.

ಪ್ರಸ್ತುತ ಕಾರ್ಯಕ್ರಮದ ಅಧ್ಯಕ್ಷತೆಯನ್ನು ವಹಿಸಿಕೊಂಡಿದ್ದಂತಹ ಡಾ.ಬೆಳಕೆರೆ ಲಿಂಗರಾಜಯ್ಯ, ಪಾಚಾರ್ಯರು, ವಿವೇಕಾನಂದ ಪದವಿ ಕಾಲೇಜು, ಅಧ್ಯಕ್ಷರು, ಬೆಂಗಳೂರು ನಗರ ವಿಶ್ವವಿದ್ಯಾಲಯದ ಕನ್ನಡ ಅಧ್ಯಾಪಕರ ಸಂಘ, ಇವರು ಹೊಸ ಶಿಕ್ಷಣ ನೀತಿಯು ನಮ್ಮ ಶಿಕ್ಷಣ ವ್ಯವಸ್ಥೆಗೆ ಒಡ್ಡಿರುವ ಸವಾಲುಗಳ ಬಗ್ಗೆ ಮನನೀಯವಾದ ಮಾತುಗಳನ್ನಾಡಿದರು.

ಕಾರ್ಯಕ್ರಮದ ನಿರೂಪಣೆಯನ್ನು ಡಾ. ರೂಪ ಎಸ್ ಮುಖ್ಯಸ್ಥರು, ಕನ್ನಡ ವಿಭಾಗ ಎಸ್ ಜೆ ಆರ್ ಮಹಿಳಾ ಕಾಲೇಜು ಹಾಗೂ ವಂದನಾರ್ಪಣೆಯನ್ನು ಡಾ. ಮಂಜುನಾಥ್ ಸಹಾಯಕ ಪ್ರಾಧ್ಯಾಪಕರು,

ರಾಮಯ್ಯ ಕಾಲೇಜು, ಬೆಂಗಳೂರು ಇವರುಗಳು ನಡೆಸಿಕೊಟ್ಟರು. ಪ್ರಾರ್ಥನಾ ಗೀತೆಯನ್ನು ಕಾಲೇಜಿನ ವಿದ್ಯಾರ್ಥಿನಿಯರು ಮಾಡಿದರು. ಈ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಎಸ್ ಜೆ ಆರ್ ಮಹಿಳಾ ಪದವಿ ಕಾಲೇಜಿನ ಎಲ್ಲಾ ಬೋಧಕ ಹಾಗೂ ಬೋಧಕೇತರ ಸಿಬ್ಬಂದಿಗಳು ಹಾಗೂ ಮೌಲ್ಯಮಾಪನ ಕೇಂದ್ರಕ್ಕೆ ಆಗಮಿಸಿದ 150 ಕ್ಕೂ ಹೆಚ್ಚು ವಿವಿಧ ಕಾಲೇಜಿನ ಕನ್ನಡ ಉಪನ್ಯಾಸಕರುಗಳು ಪಾಲ್ಗೊಂಡಿದ್ದರು.



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